



PEOPLE RESULTS

*Solutions For Your Workforce*

2026

# *Labor Activity in Transportation*

An analysis of labor activity for the years 2024 and 2025 and insights from subject matter experts on current labor and employee relations issues



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# Inside this report

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People Results' 2026 Labor Activity in Transportation Report provides transportation industry subject matter expertise and timely information about labor activity. The report contains the following:

- An analysis of national, regional, and state representation and decertification petitions and elections (RC, RM, and RD)<sup>1</sup> as reported by the National Labor Relations Board (NLRB) during 2024 and 2025<sup>2</sup> and analyzed by People Results' Research & People Analytics team
- Articles written by labor experts about current labor or employee engagement issues impacting employers and the workplace
- Case studies that highlight People Results' work with organizations to enhance employee engagement and ensure labor relations readiness



<sup>1</sup> See Appendix C for detailed definitions of the types of petitions and elections.

<sup>2</sup> NLRB election data describes dynamic case activity that is subject to revision and corrections during the year, and all data in this report should be interpreted with that understanding.

# A message from our labor practice leadership

Employers across all industries anticipated changes to the NLRB in 2025 that would be brought on by the new administration. But those changes would ultimately take a backseat to a severe case backlog caused by the Board's lack of quorum that would last most of the year.

The transportation industry enters 2026 after experiencing one of the longest, most difficult downcycles in recent history. While growth in volumes was projected early in the year, freight recession conditions, persistent overcapacity, and changing tariff policies resulted in demand falling below expectations. Projections for the coming year, however, are cautiously hopeful, forecasting potential recovery with a shift to a supply-driven market.

Going forward, with the NLRB quorum issues now resolved, we can expect to see changes within the Board that may help slow labor's push, but transportation leaders remain cautious. Ongoing uncertainties remain surrounding tariffs and regulatory changes. Rising insurance and equipment costs will likely keep operating margins tight. And though the driver shortage has slightly eased, the U.S. driver workforce continues to age, and attracting younger generations remains difficult. Such challenges may pressure transportation workers even further—and impact labor relations. Certainly, we can expect labor unions to use these ongoing challenges to target employers.

Other critical developments that could have a significant impact on transportation organizations include:

## Pivot to Direct Action

As the NLRB moves forward with a more employer-friendly agenda (and, likely, aims to reverse rulings like *Stericycle*, *Thryv*, *Cemex*, and *Amazon*), unions may shift their focus to increasing direct labor actions, such as picketing and grievance filing.

## Pay Transparency Laws

Pay transparency laws continue to expand nationwide, creating new compliance obligations

and new litigation risks for employers. Multi-state companies are particularly at risk, facing a complex environment of requirements, varying by jurisdiction.

## State and Local AI Regulation

Given the lack of a national AI law, regulatory framework is emerging at the state level, with more states introducing their own laws and legislative proposals. This growing patchwork of laws will likely continue into 2026.

## Challenging Immigration Landscape To Continue

New rules are expected to alter wage calculations for H-1B visas, potentially raising costs, while I-9 compliance audits and worksite visits are rising.

For all these reasons, 2026 will require continued agility from businesses. We are likely to see more targeted organizing by both traditional and independent unions, resulting in more union election wins. With the NLRB quorum now in place, and anticipated rollbacks of Biden-era laws, expect unions to return to more traditional organizing tactics and strategies.

The enclosed Labor Activity in Transportation Report delivers the latest data on union organizing and membership nationwide, as well as timely labor and employee relations articles, designed to help you make sense of the challenging year ahead. We look forward to continuing to support transportation organizations throughout the country and providing you with up-to-date and relevant labor information affecting your industry.

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# About research & people analytics

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People Results' Research & People Analytics (R&PA) team analyzed the NLRB and other data presented throughout this report. R&PA is an integral part of our firm's work and is embedded across our services to help clients' leaders make smarter, faster, and more data-driven decisions.

The R&PA team develops insights for leaders related to labor and employee relations analytics, workforce and engagement

research, predictive risk modeling, and executive-level reporting. By combining advanced analytics with deep labor expertise, People Results helps employers identify emerging risk, define proactive employee relations strategies, and support labor relations with credible, evidence-based insight that strengthens strategy and outcomes.

Dr. Fiona Jamison leads our R&PA team of researchers, analysts, and developers. To learn more about People Results' R&PA services, contact Fiona at: [fjamison@peoplereults.com](mailto:fjamison@peoplereults.com).

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and needs



# Summary of analysis

In 2025, there were 125 representation petitions<sup>3</sup> filed in transportation, a 39 percent decrease from the 206 petitions filed in 2024.

Unions achieved an 82 percent success rate in the 93 representation elections held in the industry in 2025. Though this rate was slightly higher than in 2024, it occurred amid a substantially lower volume of elections.

Fifty-one percent of petitions in 2025 were filed in just six states—California, New York, Connecticut, Ohio, Illinois, and Massachusetts. In the transportation industry, the most active states tend to vary somewhat from year to year. In 2024, these states' share made up 42 percent of petitions filed.

The International Brotherhood of Teamsters (IBT) remains the most active union in transportation, accounting for more than half of the petitions filed and 46 percent of the elections held. IBT was elected as a result of 79 percent of the 43 elections it was involved in.

Over the past decade, transportation strikes were most frequently concentrated in California, New York, Washington, and Virginia. In all, 35 states experienced a strike in the last decade. In 2025, there were 10 strikes in transportation, idling a total of 3,190 workers.<sup>4</sup>



<sup>3</sup> Throughout this report, unless otherwise noted, a combination of RC (Certification of Representative) and RM (Employer Petition) cases is used anytime we discuss representation petitions and elections.

<sup>4</sup> Strike data is compiled from the Bloomberg BNA Work Stoppages Database.

# Union membership nationwide

According to the U.S. Department of Labor Bureau of Labor Statistics (BLS) Union Members—2025 report, the union membership rate (the percentage of wage and salary workers who were members of unions) for 2025 was 10.0 percent—only a slight change from the prior year—and the number of wage and salary workers belonging to unions was 14.7 million.

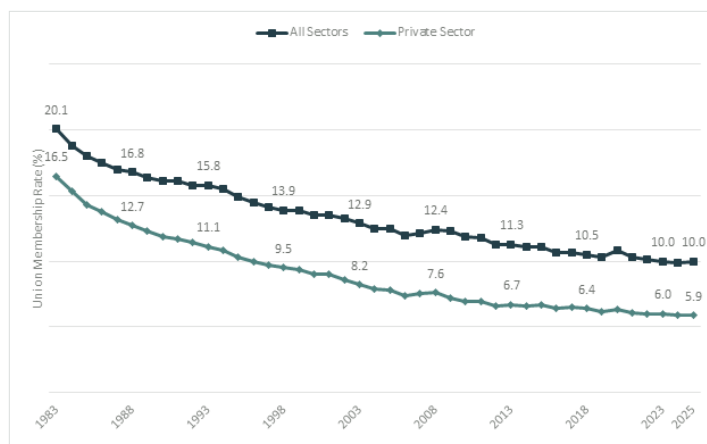
BLS notes that the Current Population Survey (CPS) for October 2025 was not collected due to the federal government shutdown that occurred from October 1 to November 12, 2025. As a result, 2025 annual estimates are 11-month averages that exclude October and are not strictly comparable with annual averages for other years.

Data from the BLS report include the following highlights:

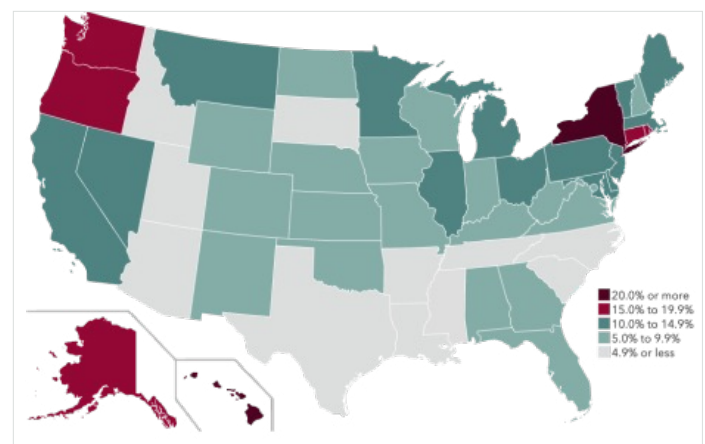
- The union membership rate was 10.0 percent in 2025—showing little change from 2024
- The union membership rate of public-sector workers (32.9 percent) continued to be more than five times higher than the rate of private-sector workers (5.9 percent)

- The highest union membership rate is among men aged 45 to 54 (12.8 percent), while the lowest is among women aged 16 to 24 (3.9 percent)
- Black workers remained more likely to be union members (11.4 percent) than White (9.9 percent), Asian (8.7 percent), and Hispanic (8.9 percent) workers
- Among states, Hawaii had the highest union membership rate (24.8 percent), while South Carolina had the lowest (2.0 percent); BLS notes that state union membership data for 2025 are based on relatively few observations and, because October 2025 CPS data were not collected due to the federal government shutdown, state estimates should be interpreted with caution

## UNION MEMBERSHIP RATE SUMMARY



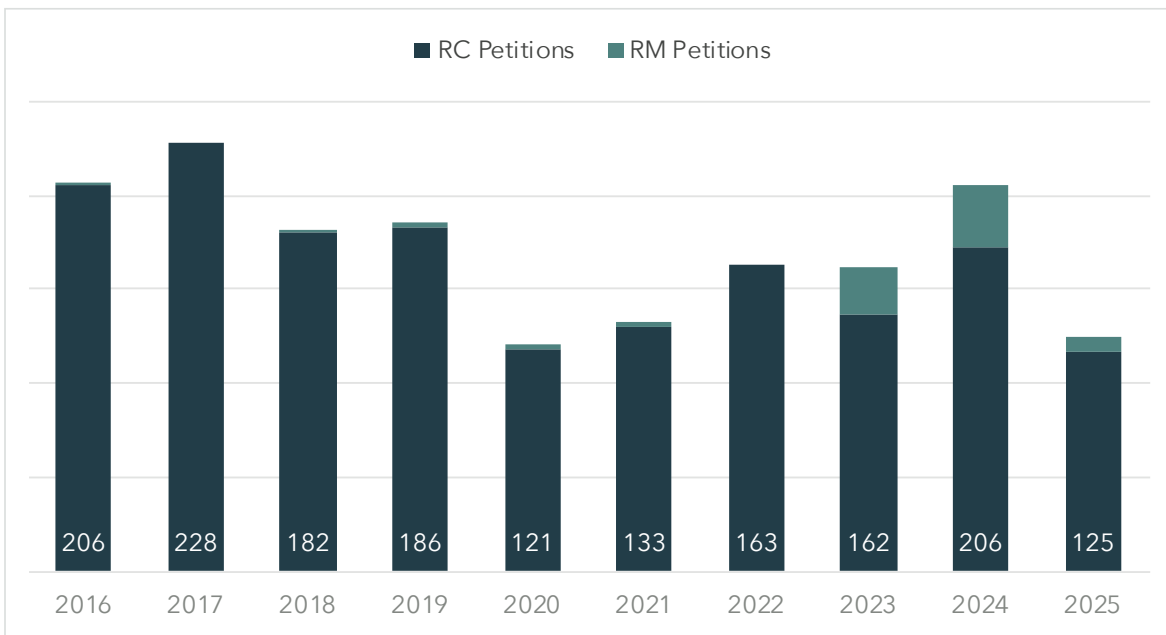
## UNION MEMBERSHIP RATES BY STATE IN 2025



# National summaries

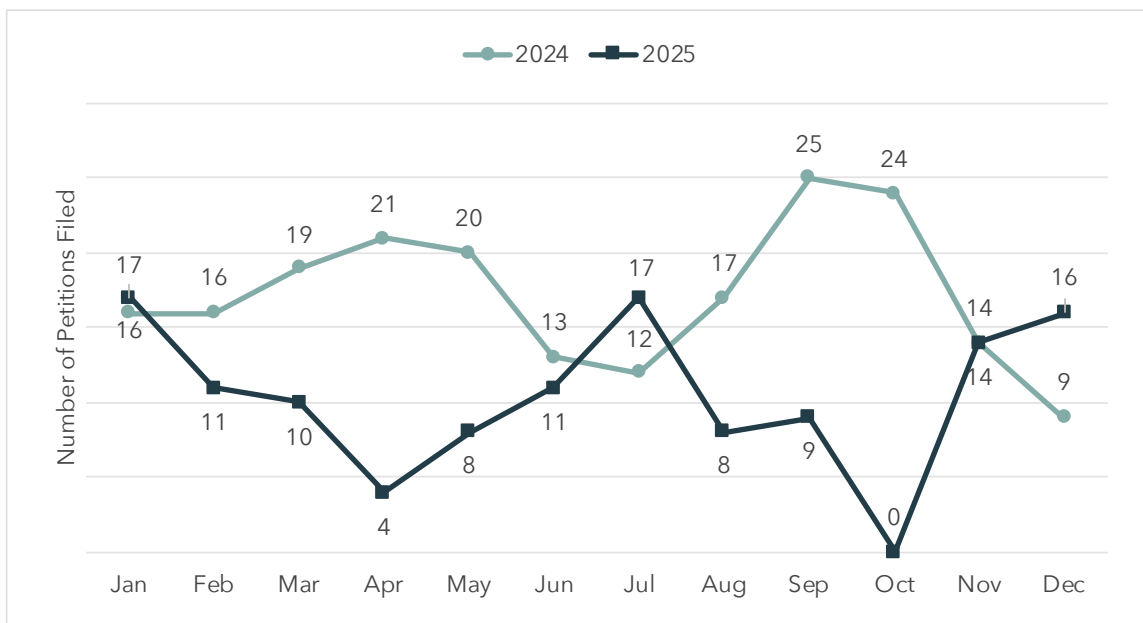
## REPRESENTATION PETITIONS FILED

Unions filed 117 RC petitions in transportation in 2025. That, plus the 8 RM petitions, resulted in 125 representation petitions filed in the year—a marked decrease from the 206 petitions filed in 2024.



## REPRESENTATION PETITIONS FILED BY MONTH

The following chart compares the number of petitions filed each month of 2024 versus the number filed during the same month of 2025. Petition activity in 2025 tracked below 2024 levels for most of the year, with the largest gaps emerging in spring and early fall, including a pronounced dip in October due to the government shutdown that occurred from October 1 to November 12, 2025.

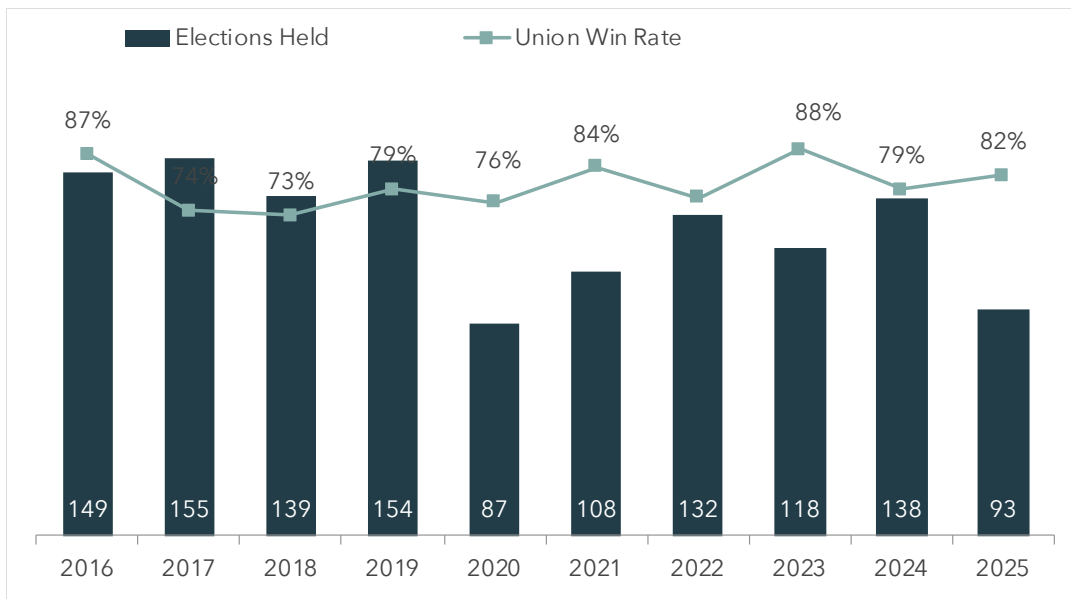


# National summaries

## UNION WINS IN REPRESENTATION ELECTIONS

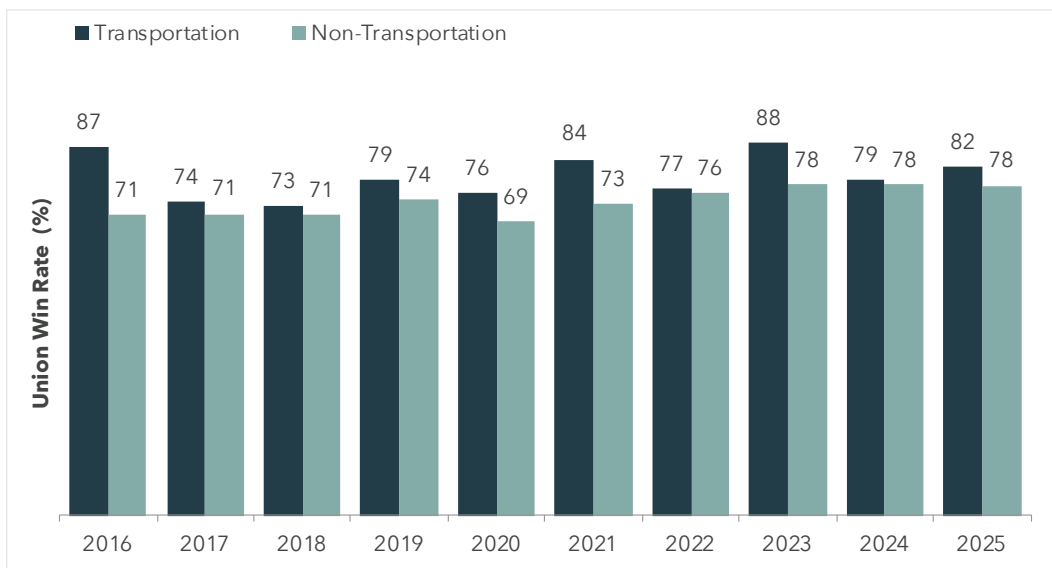
### UNION SUCCESS IN REPRESENTATION ELECTIONS COMPARED TO THE NUMBER OF ELECTIONS HELD

The chart below shows the union win rate compared to the number of elections held each year. In 2025, there were 93 representation elections held, and unions won 82 percent of them. This represented the second fewest elections held in any year over the past decade.



### TRANSPORTATION VS. NON-TRANSPORTATION INDUSTRIES

Union win rates in the industry have consistently been higher than win rates in non-transportation industries. In 2025, there was a 4-percentage point gap between transportation and non-transportation industries.

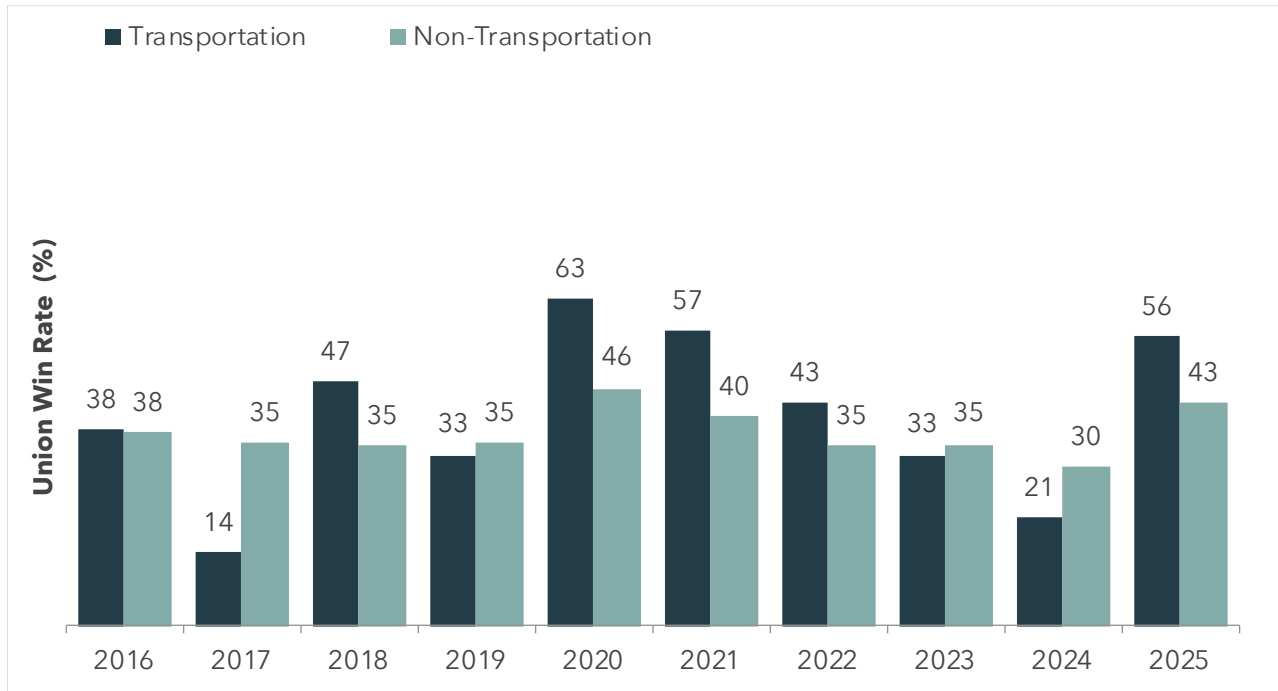


# National summaries

## UNION WINS IN DECERTIFICATION ELECTIONS

### TRANSPORTATION VS. NON-TRANSPORTATION INDUSTRIES

In 2025, unions maintained recognition in 56 percent of decertification elections in the transportation industry, higher than the 43 percent in non-transportation industries.



# State summaries

## REPRESENTATION PETITIONS FILED IN TRANSPORTATION

Overall petition filings declined 39 percent year over year. Notable declines occurred in California, Florida, Illinois, and Washington. California remained the single largest source of petitions in both years.

State	2024	2025	State	2024	2025	State	2024	2025
Alabama	1	1	Louisiana	4	1	Oklahoma	1	0
Alaska	1	1	Maine	-	-	Oregon	5	2
Arizona	3	0	Maryland	4	3	Pennsylvania	8	3
Arkansas	-	-	Massachusetts	5	7	Puerto Rico	2	0
California	27	17	Michigan	9	5	Rhode Island	2	2
Colorado	3	3	Minnesota	-	-	South Carolina	-	-
Connecticut	13	11	Mississippi	-	-	South Dakota	-	-
Delaware	-	-	Missouri	3	4	Tennessee	3	0
District of Columbia	-	-	Montana	-	-	Texas	5	6
Florida	11	4	Nebraska	1	0	Virgin Islands	-	-
Georgia	3	5	Nevada	4	3	Utah	2	0
Hawaii	0	1	New Hampshire	1	0	Vermont	0	1
Idaho	0	2	New Jersey	8	3	Virginia	2	3
Illinois	21	7	New Mexico	-	-	Washington	11	1
Indiana	3	1	New York	13	13	West Virginia	0	1
Iowa	2	0	North Carolina	3	1	Wisconsin	6	2
Kansas	3	2	North Dakota	-	-	Wyoming	-	-
Kentucky	5	0	Ohio	8	9			
<b>TOTAL</b>							<b>206</b>	<b>125</b>



# State summaries

## REPRESENTATION ELECTIONS RESULTS IN TRANSPORTATION

Representation elections declined from 138 in 2024 to 93 in 2025, while the overall union win rate increased slightly.

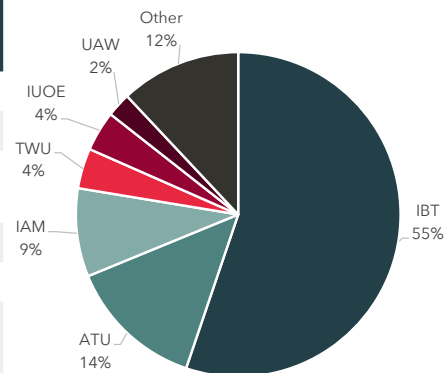
State	2024		2025		State	2024		2025	
	# of Elections	Union Win Rate	# of Elections	Union Win Rate		# of Elections	Union Win Rate	# of Elections	Union Win Rate
Alabama	0	-	1	100%	Nebraska	-	-	-	-
Alaska	1	0%	1	100%	Nevada	1	100%	2	50%
Arizona	2	50%	1	100%	New Hampshire	1	100%	0	-
Arkansas	-	-	-	-	New Jersey	2	100%	3	100%
California	22	77%	14	71%	New Mexico	-	-	-	-
Colorado	4	100%	1	100%	New York	6	83%	8	63%
Connecticut	9	100%	5	100%	North Carolina	1	100%	1	100%
Delaware	-	-	-	-	North Dakota	-	-	-	-
District of Columbia	-	-	-	-	Ohio	5	20%	5	80%
Florida	9	67%	4	75%	Oklahoma	-	-	-	-
Georgia	1	100%	3	100%	Oregon	4	100%	2	100%
Hawaii	0	-	1	100%	Pennsylvania	1	100%	6	83%
Idaho	1	100%	1	100%	Puerto Rico	1	100%	1	100%
Illinois	16	75%	4	50%	Rhode Island	2	50%	2	100%
Indiana	3	67%	1	100%	South Carolina	-	-	-	-
Iowa	3	100%	0	-	South Dakota	-	-	-	-
Kansas	3	67%	1	100%	Tennessee	2	100%	0	-
Kentucky	2	50%	0	-	Texas	5	80%	6	100%
Louisiana	2	100%	1	0%	Virgin Islands	-	-	-	-
Maine	-	-	-	-	Utah	2	100%	0	-
Maryland	1	100%	3	100%	Vermont	0	-	1	0%
Massachusetts	3	100%	3	67%	Virginia	2	100%	2	100%
Michigan	4	75%	4	75%	Washington	9	56%	0	-
Minnesota	-	-	-	-	West Virginia	0	-	1	100%
Mississippi	-	-	-	-	Wisconsin	5	100%	2	100%
Missouri	3	100%	2	100%	Wyoming	-	-	-	-
Montana	-	-	-	-					
<b>TOTAL</b>						<b>138</b>	<b>79%</b>	<b>93</b>	<b>82%</b>

# Union summaries

## MOST ACTIVE UNIONS – REPRESENTATION PETITIONS FILED IN TRANSPORTATION

The International Brotherhood of Teamsters (IBT) remained the most active union in the transportation industry in 2025, accounting for more than half of the petitions filed. The Amalgamated Transit Union (ATU) was the next most active union in the industry, accounting for 14 percent of representation petitions.

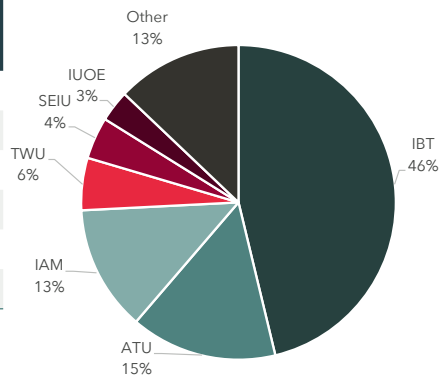
Abbreviation	Union Name	Representation Petitions Filed	
		2024	2025
IBT	International Brotherhood of Teamsters	97	69
ATU	Amalgamated Transit Union	23	17
IAM	International Association of Machinists and Aerospace Workers	17	11
TWU	Transport Workers Union of America	10	5
IUOE	International Union of Operating Engineers	7	5
UAW	International Union, United Automobile, Aerospace and Agricultural Implement Workers of America (United Auto Workers)	7	3



## MOST ACTIVE UNIONS – REPRESENTATION ELECTIONS HELD IN TRANSPORTATION

As expected, IBT accounted for 46 percent of the representation elections held in 2025, and it was elected as a result of 79 percent of the 43 elections it was involved in. ATU accounted for 15 percent of the representation elections held in 2025, and it won 86 percent of the 14 elections it was involved in.

	2024		2025	
	# of Elections	Union Win Rate	# of Elections	Union Win Rate
IBT	71	72%	43	79%
ATU	16	100%	14	86%
IAM	7	100%	12	92%
TWU	5	80%	5	100%
SEIU	0	-	4	75%
IUOE	3	100%	3	100%



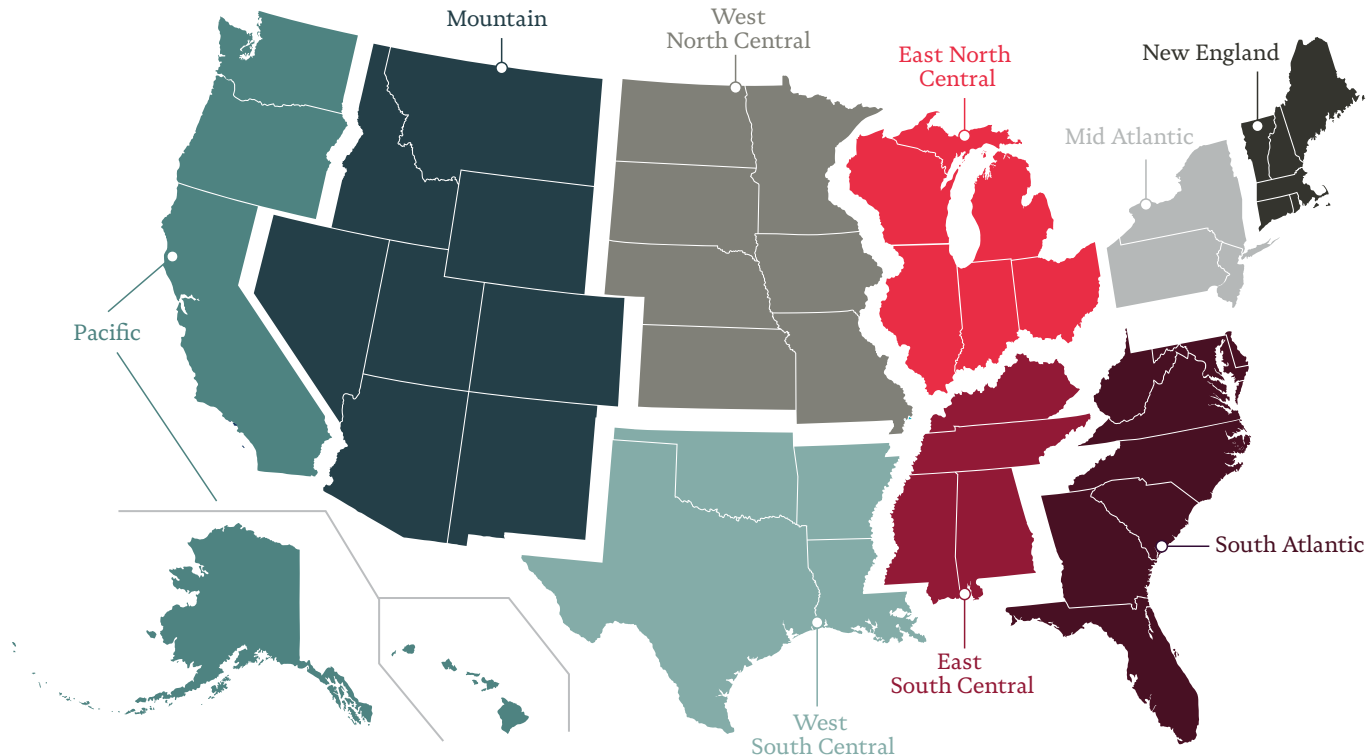
# Union summaries

The following table lists other unions that are active in transportation and referenced in this report.

Abbreviation	Union Name
AFSCME	American Federation of State, County and Municipal Employees
AFT	American Federation of Teachers
AIU	American Industrial Union
ATDA	American Train Dispatchers Association
IAFF	International Association of Fire Fighters
IBB	International Brotherhood of Boilermakers
ILA	International Brotherhood of Trade Unions
ILWU	International Longshore and Warehouse Union
IUANPW	International Union of Allied, Novelty and Production Workers
IUEC	International Union of Elevator Constructors
IUJAT	International Union of Journeymen and Allied Trades
LIUNA	Laborers' International Union of North America
NATCA	National Air Traffic Controllers Association
SEIU	Service Employees International Union
SIUNA	Seafarers International Union
SMART	International Association of Sheet Metal, Air, Rail and Transportation Workers
UA	United Association of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry of the United States and Canada
UBC	United Brotherhood of Carpenters and Joiners of America
UFCW	United Food and Commercial Workers International Union
UMWA	United Mine Workers of America
USW	United Steelworkers

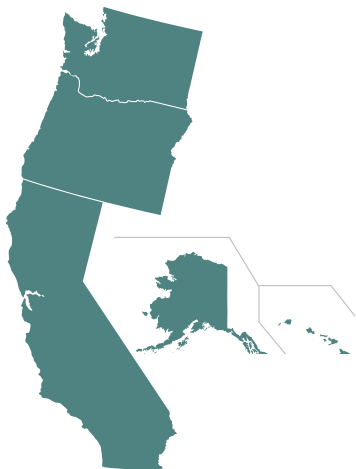
# Regional summaries

For this analysis, we have categorized the nation into nine regions, as illustrated in the map below. The following sections provide an overview of activity in each region in 2024 and 2025.



## PACIFIC

Unions experienced a 78 percent win rate in the region in 2025, up slightly from the 72 percent win rate in 2024. California consistently drives much of the region’s activity. Washington saw a significant drop in activity in 2025.

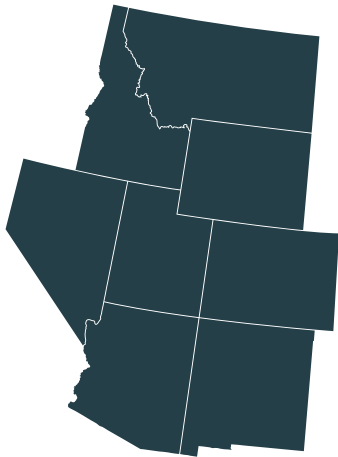


State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
Alaska	1	1	0%	1	1	100%
California	27	22	77%	17	14	71%
Hawaii	-	-	-	1	1	100%
Oregon	5	4	100%	2	2	100%
Washington	11	9	56%	1	0	-
Active Unions	IBT, IAM, USW, TWU, ATU, IUOE, IUOE, UBC, UA, NATCA, LIUNA, ILWU, ILA					

# Regional summaries

## MOUNTAIN

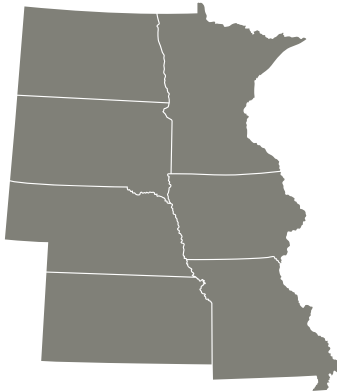
Unions experienced an 80 percent win rate in the region in 2025, down from 90 percent in 2024. Most states in the region experienced a low level of activity in the last two years.



State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
Arizona	3	2	50%	0	1	100%
Colorado	3	4	100%	3	1	100%
Idaho	0	1	100%	2	1	100%
Montana	-	-	-	-	-	-
Nevada	4	1	100%	3	2	50%
New Mexico	-	-	-	-	-	-
Utah	2	2	100%	-	-	-
Wyoming	-	-	-	-	-	-
Active Unions	IBT, ATU, NATCA, IAM					

## WEST NORTH CENTRAL

Unions experienced an 86 percent win rate in the region in both 2024 and 2025. In 2025, just two states—Kansas and Missouri—experienced activity.

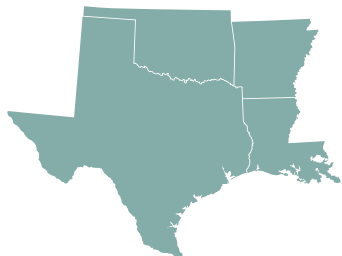


State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
Iowa	2	3	100%	-	-	-
Kansas	3	3	67%	2	1	100%
Minnesota	-	-	-	-	-	-
Missouri	3	3	100%	4	2	100%
Nebraska	1	-	-	-	-	-
North Dakota	-	-	-	-	-	-
South Dakota	-	-	-	-	-	-
Active Unions	IBT, NATCA, UAW, LIUNA, IUOE, ATU					

# Regional summaries

## WEST SOUTH CENTRAL

Unions experienced an 86 percent win rate in the region in 2025—the same as in 2024. Most of the activity in the region is concentrated in Texas.



State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
Arkansas	-	-	-	-	-	-
Louisiana	4	2	100%	1	1	0%
Oklahoma	1	-	-	-	-	-
Texas	5	5	80%	6	6	100%
Active Unions	IBT, ATU, TWU, SIUNA, IUOE, IAM, ATDA, AIU					

## EAST NORTH CENTRAL

Unions experienced a 75 percent win rate in the region in 2025, up slightly from the 70 percent win rate in 2024. All states in the region have experienced organizing activity in the last two years.



State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
Illinois	21	16	75%	7	4	50%
Indiana	3	3	67%	1	1	100%
Michigan	9	4	75%	5	4	75%
Ohio	8	5	20%	9	5	80%
Wisconsin	6	5	100%	2	2	100%
Active Unions	IBT, UAW, IAM, ATU, TWU, AFSCME, UFCW, NATCA					

## EAST SOUTH CENTRAL

This region had limited activity in 2025, with the union winning the single election held. There were four elections held in 2024, and unions won 75 percent of them.



State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
Alabama	1	0	-	1	1	100%
Kentucky	5	2	50%	-	-	-
Mississippi	-	-	-	-	-	-
Tennessee	3	2	100%	-	-	-
Active Unions	IBT, USW, UFCW, ATU					

# Regional summaries

## NEW ENGLAND

Unions experienced an 82 percent win rate in the region in 2025, down from the 93 percent win rate in 2024. Connecticut and Massachusetts lead the region in organizing activity.



State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
Connecticut	13	9	100%	11	5	100%
Maine	-	-	-	-	-	-
Massachusetts	5	3	100%	7	3	67%
New Hampshire	1	1	100%	-	-	-
Rhode Island	2	2	50%	2	2	100%
Vermont	-	-	-	1	1	0%
Active Unions	IBT, ATU, TWU, UAW, NATCA, IUJAT, IAFF, AFT					

## MIDDLE ATLANTIC

In 2025, the region saw a 76 percent union win rate—a significant drop from the 89 percent win rate in 2024.

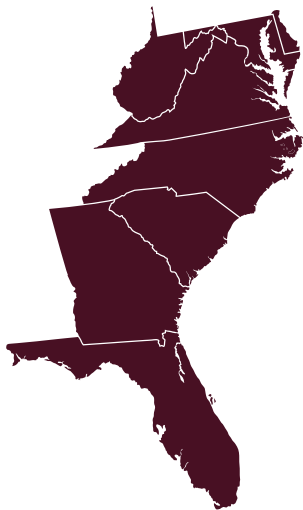


State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
New Jersey	8	2	100%	3	3	100%
New York	13	6	83%	13	8	63%
Pennsylvania	8	1	100%	3	6	83%
Active Unions	IBT, SEIU, IUOE, TWU, IAM, UFCW, IUJAT, ATU, UMWA, UBC, LIUNA, IUANPW, IBB					

# Regional summaries

## SOUTH ATLANTIC

Unions experienced a 93 percent win rate in the region in 2025, up from 79 percent in 2024. Organizing activity is fairly well distributed throughout the region, though a handful of states have not experienced any activity in the last two years.

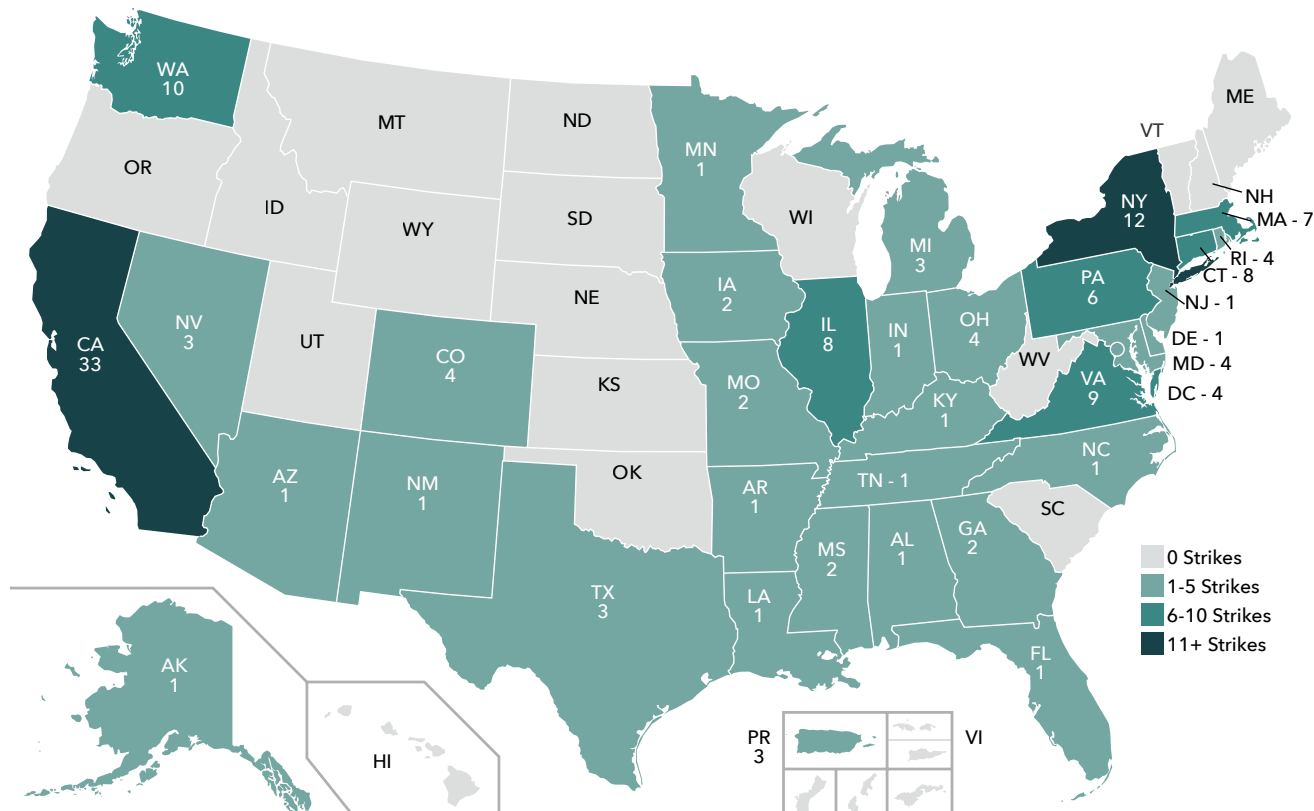


State	2024			2025		
	Petitions Filed	Elections Held	Union Win Rate	Petitions Filed	Elections Held	Union Win Rate
Delaware	-	-	-	-	-	-
District of Columbia	-	-	-	-	-	-
Florida	11	9	67%	4	4	75%
Georgia	3	1	100%	5	3	100%
Maryland	4	1	100%	3	3	100%
North Carolina	3	1	100%	1	1	100%
South Carolina	-	-	-	-	-	-
Virginia	2	2	100%	3	2	100%
West Virginia	-	-	-	1	1	100%
Active Unions	IBT, ATU, UFCW, IAM, TWU, SMART, SEIU					



# Strikes in transportation

Transportation strikes have been well dispersed throughout the nation, with 35 states experiencing strikes in the last decade. California (33) had the most strikes followed by New York (12) and Washington (10). The map below reflects all strikes held over the last decade.



In 2025, there were 10 transportation strikes that idled 3,190 workers. This was the fewest number of strikes held in a year since 2020.

Year	Number of Strikes	Workers Idled	Average Number of Workers per Strike
2025	10	3,190	319
2024	17	47,820	2,813
2023	37	6,764	183
2022	15	3,472	231
2021	17	1,707	100
2020	8	2,488	311
2019	13	8,225	633
2018	10	3,440	344
2017	12	2,331	194
2016	12	8,580	715

# Article summaries

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**BY BOB DUMBACHER AND JAMES LA ROCCA, HUNTON ANDREWS KURTH LLP**

In 2025, the National Labor Relations Board regained both a quorum and a General Counsel—but its anticipated course reversal on some of the “union-friendly” Biden Board’s actions has not yet taken place. In this article, find out what’s holding up these reversals, and what the General Counsel’s current focus is for the immediate future.

## pg. 23 → **Bridging the Gap: How Federal Workforce Investments Are Reshaping Employer Recruitment and Retention Strategies**

**BY STEPHANIE FERGUSON MELHORN, EXECUTIVE DIRECTOR, WORKFORCE & INTERNATIONAL LABOR POLICY, U.S. CHAMBER OF COMMERCE**

Though the worker shortage in the U.S. has largely stabilized, employers are still finding it challenging to recruit and retain the talent they need. This is because the structural challenges that created the shortage—for example, an aging workforce and a childcare crisis—still exist. This article highlights programs coming in 2026 to assist employers with these challenges and how employers can take advantage of them.

## pg. 27 → **A Cooling Labor Market Beneath the Headlines: What the Latest Jobs Data Means for Employers and Job Seekers**

**BY HEATHER LINZ AND TONI THOMAS, OUTPLACEMENT & EXECUTIVE COACHING SPECIALISTS, CHALLENGER, GRAY & CHRISTMAS**

The present labor market is neither booming nor collapsing. It is, in fact, transitioning. What does that mean for employers? This article explores what’s happening in the current labor market as employers face simultaneous impacts from factors like artificial intelligence adoption, economic uncertainty and rising costs, shifts in labor supply, and evolving workforce priorities.

## pg. 31 → **Intentional Survivor Management: No One Is “Lucky” in a Layoff**

**INTERVIEW WITH FIONA JAMISON, PHD, VICE PRESIDENT, RESEARCH & PEOPLE ANALYTICS, PEOPLE RESULTS**

Much is made about the impact of layoffs on those who lose their jobs—and rightly so—but far less attention is paid to the employees who remain. These “survivors” are left to navigate uncertainty, increased workload, and emotional fallout. We sat down with Dr. Fiona Jamison to discuss why survivor management matters and how organizations can approach it intentionally.

## pg.34 → **Post-Strike Healing: It’s Not Over Til It’s Over**

**BY MARCEY UDAY-RILEY AND SUSAN BARNICOAT, LEAD CONSULTANTS, ORGANIZATION, PEOPLE & CHANGE, PEOPLE RESULTS**

The end of a strike doesn’t signal the end of the conflict. To ensure future productivity, corporate resilience, and the well-being of all involved parties, post-strike healing must take place, regardless of the outcome of the strike itself. Explore the processes of Post-Strike Interventions and Post-Strike Recovery in this eye-opening article.



## New Year, New NLRB, No Shifts in Precedent...Yet

By Bob Dumbacher and James La Rocca, Hunton Andrews Kurth LLP

The National Labor Relations Board (“Board” or “NLRB”) is off to a different start this year. Following the earlier terminations of Board Chair Gwynne Wilcox (D) and General Counsel Jennifer Abruzzo (D) and delays by the Administration and U.S. Senate with respect to nominations for replacements, the NLRB spent most of 2025 without a quorum and with an Acting General Counsel. This year, the Board regained both a quorum and a General Counsel.

Although we anticipate the new NLRB will reverse course on a number of actions by the Biden Administration—which include several decisions that make it easier for unions to organize employees—early indications are that changes may be months away. As a result, now is the time for employers to understand the playing field and have a labor relations plan in place that accounts for likely NLRB changes over time.

### The Board once again has a quorum, but precedent changing decisions unlikely until NLRB has three Republican Board Members

The National Labor Relations Act (“NLRA”) provides for five Board Members, but the NLRB only needs to have three sitting members for a quorum. When President Trump took office, the NLRB had three Board Members: Wilcox (D), David Prouty (D), and Marvin Kaplan (R).

Wilcox was terminated shortly after, which left the NLRB without a quorum. The President subsequently nominated two new Board Members, namely, Scott Mayer (R) and James Murphy (R), but Kaplan’s term then expired, leaving the NLRB with just one Board Member. In December 2025, the Senate confirmed Mayer and Murphy. They were sworn into office in January 2026 thereby giving the NLRB a quorum once again.

Many wondered whether the new majority would reverse certain “union-friendly” decisions previously issued under the Biden Board at the first opportunity. Early signs indicate that the NLRB will wait until it has a three-member majority. For example, in *Lodi Volunteer Ambulance Rescue Squad, Inc.*, 374 NLRB No. 26 (Jan. 28, 2026), the Board declined the opportunity to reverse the NLRB’s decision in *Thryv, Inc.*, 372 NLRB No. 22 (2022), which requires an employer to compensate employees for “direct or foreseeable pecuniary harms incurred as a result of their unlawful discharge . . . .” *Id.* at slip op. 3. Mayer and Murphy decided there was “no need at this time to express an opinion whether the novel remedies announced by the Board majority in *Thryv* are permissible . . . ,” and agreed “to apply that precedent in the absence of three-member majority to overrule it.” *Id.* at slip op. 3 n.3.

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In addition to the *Thryv* decision, there are a number of actions taken by the NLRB under the prior administration that the new Board may seek to reverse. Those actions include:

- a decision outlawing mandatory meetings between employers and employees to discuss unionization (*Amazon.com Servs. LLC*, 373 NLRB No. 136 (Nov. 13, 2024));
- a decision prohibiting employers from informing employees that unionization will interfere with the direct relationships between employers and employees (*Siren Retail Corp. d/b/a Starbucks*, 373 NLRB No. 135 (Nov. 8, 2024));
- a decision enabling unions to selectively pick units of pro-union employees to decide the issue of unionization (*Am. Steel Constr., Inc.*, 372 NLRB No. 23 (Dec. 14, 2022));
- rules shortening the timeframe between the filing of an election petition and a secret ballot vote on unionization (see, e.g., 29 C.F.R. §§ 102.62, 102.63, 102.64, 102.66, 102.67, 102.69);
- a decision altogether eliminating secret ballot voting in certain instances (*Cemex Constr. Materials Pacific, LLC*, 372 NLRB No. 130 (Aug. 25, 2023)); and
- decisions imposing standards that transform standard employment agreements and employment policies into unfair labor practices (see, e.g., *Stericycle, Inc.*, 372 NLRB No. 113 (Aug. 2, 2023); *McLaren Macomb*, 372 NLRB No. 58 (Feb. 21, 2023)).

There currently are no Board Member nominations pending\*, so it could take the NLRB significant time to revisit these issues. Although these issues currently are—and/or are likely to be—litigated at the federal circuit court of appeals level, the NLRB is known to adhere to existing Board precedent (outside of the specific case decided by such court) through its doctrine of nonacquiescence.

## The NLRB has a new General Counsel whose initial focus is clearing the backlog of cases

As with Mayer and Murphy, the Senate confirmed President Trump's nomination of Crystal Carey (R) as NLRB General Counsel in December 2025. She was sworn into office alongside Mayer and Murphy in January 2026.

Although it is common for the General Counsel to issue an initial memorandum identifying changes in precedent that s/he would like to pursue as the agency's top prosecutor, Carey took a different approach. In her first memo, she announced her "priority is to address the backlog of cases, not add to it." Memorandum GC 26-02 (Jan. 28, 2026). She further said that she "intend[s] to issue guidance on operational focused topics such as case processing, settlements, and remedies all aimed at achieving consistent, fair and prompt resolution of charges across the [a]gency."

Carey's memo followed one issued about a month earlier by then-Acting General Counsel William Cowen (R). The Cowen memo, which also focused on reducing the NLRB's backlog of cases, identified a new agency-wide docketing protocol for handling unfair labor practice charges. The protocol requires a charging party to provide supporting evidence within two weeks of filing a charge. In addition, the memo highlights that the agency generally will not assign a Board agent to the case unless the evidence warrants it, and, even then, not until there is a Board agent with capacity to investigate the charge. This could result in the dismissal and/or withdrawal of charges early in the process, saving employers significant time and costs.

Although not explicitly stated in Carey's memo, there is some language suggesting that the General Counsel may have little interest in prosecuting employers premised on some of the legal theories embraced by the Biden Board. Carey writes:

For too long we have been stuck in a cycle where justice to all parties is delayed in an effort to overturn precedent, overstep the boundaries of the National Labor Relations Act, restrict the rights of employees to freely obtain information and make informed decisions about representation,

\*This article was originally published on April 6, 2026. As of June 17, 2026, there are two nominations awaiting Senate confirmation.

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and interfere with the ability of parties to freely enter into various types of otherwise lawful employment-related agreements and settlements.

\* \* \*

Regions have been informed to adhere to the standard list of required submissions to Advice, which includes, among other topics, cases involving a novel legal theory, remedies, or instances where there is no existing Board law, where the Region wishes to overturn precedent, or where cases involve existing Board precedent with a split in federal courts. The Division of Advice and Operations will coordinate directly with the Regions on these matters.

So, even without immediate change in Biden Board precedent, the General Counsel's commitment to reducing the backlog could mean the General Counsel will focus on cases involving acts (if proven) that are well-established (non-partisan) violations of the NLRA, that she could be open to settling cases that may have been pursued to push the ideological envelope under the previous administration, and/or that she could seek a change in precedent in the event the agency still pursues such cases.

## Conclusion

All employers should monitor future Board Member nominations, study subsequently issued General Counsel memoranda, consider appellate options, and strategize with experienced labor counsel.



# Bridging the Gap: How Federal Workforce Investments Are Reshaping Employer Recruitment and Retention Strategies

Stephanie Ferguson Melhorn, Executive Director, Workforce & International Labor Policy, U.S. Chamber of Commerce

The U.S. labor market has undergone a dramatic transformation over the past five years.

While the national worker shortage has largely stabilized, meaning the number of available workers now roughly matches open positions, the underlying structural challenges that created the shortage persist. An aging workforce, declining labor force participation, a childcare crisis, and a widening skills gap continue to constrain employers' ability to recruit and retain the talent they need.

If businesses can't fill their open roles, productivity lags, and so does economic growth. That ripple effect hits job creators, families, and the broader economy. Policymakers understand the consequences. To help ensure workers are ready to compete for jobs, several significant new programs are coming down the pike in 2026.

## The State of the Workforce: A Structural Problem, Not a Cyclical One

The labor force participation rate has trended downward for more than two decades. In 2000, participation hovered around 67 percent, but today it sits around 62 percent<sup>1</sup>, and the gap shows no signs of closing. Several forces are driving this decline.

**Persistent state-level shortages.** While a worker shortage no longer exists nationally, the reality on the ground varies dramatically. For example, South Dakota has as few as 41 available workers for every 100 open jobs, while California has a surplus with 153 per 100 openings.<sup>2</sup> For employers in shortage states, recruiting is an uphill battle. But even in surplus states, having access to ample workers doesn't mean having access to the right workers. The problem is as much geographical as it is a skills mismatch, and both make hiring harder.

**Early retirements and an aging population.** America has an aging population, and as a result, the number of Americans retiring hit record highs in 2023. The share of adults over 55 detached from the labor force due to

<sup>1</sup> Bureau of Labor Statistics, Labor Force Participation Rate, FRED Economic Data, <https://fred.stlouisfed.org/series/CIVPART>

<sup>2</sup> U.S. Chamber of Commerce, America Works Data Center, <https://www.uschamber.com/workforce/america-works-data-center>

retirement climbed from 48.1 percent in Q3 2019 to 50.3 percent in Q3 2021.<sup>3</sup> By 2030, all baby boomers will be of retirement age, triggering a mass exodus of experienced workers from the labor force. At the same time, younger generations are having fewer children, meaning we are not replacing ourselves. Industries that serve aging Americans, like healthcare, will feel the squeeze hardest as demand for services rises while the number of professionals to deliver those services shrinks.

**A childcare crisis keeping parents out of the workforce.** Inaccessible and unaffordable childcare is one of the biggest barriers keeping workers, particularly women, from participating in the workforce. In 2020, 58 percent of working parents reported leaving work because they could not find adequate childcare, and in 2021, 79 percent of women who left the workforce cited home and family care as their reason.<sup>2</sup> Women's labor force participation currently sits at 57.2 percent<sup>4</sup>, well below the overall rate. These childcare challenges cause state economies to lose up to \$9 billion annually.<sup>2</sup>

**Talent is sitting on the sidelines.** More than 79 million American adults, or one in three, has a criminal or arrest record leading to disproportionately high unemployment rates.<sup>5</sup> Yet these second chance candidates perform just as well, if not better, than their counterparts without a record.

**The rise of entrepreneurship.** A record 5.5 million new business applications were filed in 2023, and the number has remained above 5 million every year since 2021.<sup>6</sup> More Americans than ever are betting on themselves, mostly to open non-storefront retail shops or professional services firms. That's great for innovation, but it further tightens the available labor pool.

These are not problems the market will correct on its own. They require policy action. In 2026, several major federal initiatives are giving employers new tools to upskill workers, build pipelines, and remove barriers to workforce participation.

## Workforce Pell Grants: A New Pipeline for Skilled Workers

On March 9, 2026, the U.S. Department of Education published a Notice of Proposed Rulemaking to establish the Workforce Pell Grant program, a key provision of the One Big Beautiful Bill Act signed into law on July 4, 2025.

Starting in July 2026, Pell Grants can fund high-quality, short-term workforce programs as short as 8 weeks, directly targeting the skills gap that employers have been struggling with for years. These programs must consist of 150 to 599 clock hours, take 8 to 15 weeks to complete, and lead to a recognized credential in a high-skill, high-wage, or in-demand occupation. Each program must be approved by the state's Governor and the Secretary of Education and must meet completion and job placement benchmarks.

**What this means for employers:** Workforce Pell can create a federally funded pipeline of workers with short-term, industry-aligned credentials. Employers in healthcare, skilled trades, manufacturing, IT, and transportation should consider engaging with local community colleges and state workforce boards now to ensure programs align with their hiring needs.

## Apprenticeship Expansion: \$145 Million in Pay-for-Performance Funding

Upskilling existing workers is only part of the equation. Employees also need new entry points into the workforce. The Department of Labor announced in February 2026 up to \$145 million for its Pay-for-Performance Incentive Payments Program, designed to scale the Registered Apprenticeship system toward one million active apprentices nationwide.

The program will award up to five cooperative agreements over four years, with individual awards

<sup>3</sup> Pew Research Center, "The pace of Boomer retirements has accelerated in the past year," November 2021

<sup>4</sup> Bureau of Labor Statistics, Women's Labor Force Participation Rate, FRED Economic Data, <https://fred.stlouisfed.org/series/LNS1300002>

<sup>5</sup> U.S. Chamber of Commerce, "Data Deep Dive: The Workforce Impact of Second Chance Hiring," <https://www.uschamber.com/workforce/data-deep-dive-the-workforce-impact-of-second-chance-hiring-3>

<sup>6</sup> U.S. Census Bureau, Business Formation Statistics, <https://www.census.gov/econ/bfs/data.html>

ranging from \$10 million to \$40 million. Targeted industries include shipbuilding and defense; AI, semiconductor, and nuclear infrastructure; IT; healthcare; transportation; and telecommunications. Rather than providing money upfront, the model reimburses sponsors based on apprentice enrollment outcomes.

**What this means for employers:** Organizations that operate in a targeted industry could benefit from this direct funding opportunity. Registered Apprenticeship programs will also be treated as automatically meeting several Workforce Pell eligibility requirements, creating a streamlined system between these two programs. Full details are available on [www.Apprenticeship.gov](http://www.Apprenticeship.gov).

## The Expanded Child Care Tax Credit (Section 45F)

The One Big Beautiful Bill Act also dramatically expanded the IRC Section 45F Employer-Provided Child Care Credit, effective January 1, 2026. For a credit that was barely utilized (fewer than 300 corporate returns claimed it in 2016<sup>7</sup>), the changes are significant:

Feature	Pre-2026	2026 and Beyond
Maximum annual credit	\$150,000	\$500,000 (\$600,000 for small businesses)
Credit rate on facility expenses	25%	40% (50% for small businesses)
Inflation indexing	No	Yes
Third-party intermediaries	Unclear	Explicitly eligible
Jointly owned/operated facilities	Not addressed	Explicitly qualified

**What this means for employers:** The expanded credit changes the calculus for employers considering providing childcare benefits. An employer spending \$1.2 million annually on contracted childcare can now

claim a \$500,000 credit, compared to just \$150,000 under the old rules. Qualifying expenditures include on-site facilities, third-party provider contracts, tuition subsidies, and back-up care programs. Importantly, the enhancements to 45F now allow small businesses to pool resources and jointly operate facilities while still claiming the credit, lowering a barrier that previously made employer-provided childcare impractical for smaller employers. Given that childcare challenges are a primary driver of workforce non-participation, particularly among women, these changes give businesses a meaningful new tool for recruitment and retention. Guidance on the changes to 45F is forthcoming.

## Second Chance Hiring: An Overlooked Talent Pool

As noted above, roughly 79 million Americans have some type of criminal record. Every year, more than 400,000 are released from federal and state prisons. Despite wanting to work, most sit on the sidelines, as the unemployment rate for Americans with records hovers around 30 percent.<sup>5</sup>

However, once hired, business and HR leaders agree that second chance employees perform just as well, if not better, than their peers without records. Further, second chance employees often demonstrate higher retention rates than their peers<sup>5</sup>. Federal policy making it easier for employers to tap into this talent pool is advancing.

On October 9, 2025, the Senate passed the Second Chance Reauthorization Act of 2025 (S. 1843) with a bipartisan vote of 77-20, reauthorizing critical grant programs through 2030 that fund reentry services, including career training, job placement, and treatment programs. The House companion bill (H.R. 3552) is still awaiting action.

Separately, the bipartisan Improve and Enhance the Work Opportunity Tax Credit (WOTC) Act would strengthen the financial incentive for employers to hire from this population, as well as other populations that

<sup>7</sup> IRS Statistics of Income, 2016 corporate tax return data

experience high unemployment rates. Under current law, employers can claim a WOTC of up to \$2,400 for each formerly incarcerated individual hired within one year of conviction or release. The proposed legislation would increase the credit rate from 40 percent to 50 percent of qualified first-year wages and double the qualified wage cap to \$12,000 for employees who work 400 or more hours, bringing the maximum credit to \$6,000 per hire. The bill would also index the credit to inflation and extend it for 5 years. WOTC has not been updated since its enactment 27 years ago.

**What this means for employers:** Together, the Second Chance Reauthorization Act and the Improve and Enhance the WOTC Act would give employers greater access to a supported and trained talent pool.

## Looking Ahead

The workforce is older, smaller, and more selective about where and how it works, but the current policy landscape represents a coordinated strategy to better educate, train, and connect Americans to the workforce.

Employers that engage with these programs and build them into their workforce strategies will have a competitive advantage in the years ahead.



# A Cooling Labor Market Beneath the Headlines: What the Latest Jobs Data Means for Employers and Job Seekers

By Heather Linz & Toni Thomas, Outplacement & Executive Coaching Specialists with Challenger, Gray & Christmas

130,000 new jobs were added in January, with gains concentrated primarily in Healthcare.

At first glance, this appears to signal continued resilience in the labor market. However, downward revisions to prior months reveal that far fewer jobs were created in 2025 than previously estimated. The “low hire, low fire” environment was worse than most people even realized.

Hiring momentum appears to be slowing at the same time employers are announcing significant workforce reductions and historically low hiring plans.

In January alone, U.S.-based employers announced **108,435 job cuts**, the highest January total since 2009, according to the January 2026 Challenger Report.

At the same time, employers announced just **5,306 hiring plans**, the lowest January total since Challenger began tracking hiring announcements in 2009.

Modest job creation concentrated in one sector alongside elevated layoff announcements and weak hiring plans signals a labor market that is cooling and increasingly uneven.

## What is Happening in the Labor Market?

Several forces are impacting employers simultaneously: artificial intelligence adoption, economic uncertainty and rising costs, shifts in labor supply, and evolving workforce priorities.

Artificial intelligence was cited in 7,624 January job cuts—about 7 percent of total reductions tracked by Challenger. AI is increasingly referenced in restructuring announcements as companies evaluate automation and productivity investments. While AI investments may drive growth in some areas, they are also prompting workforce realignment in others.

Meanwhile, companies in Retail, Manufacturing, and Consumer sectors continue to navigate tariff exposure and rising input costs. Many organizations buffered the impact of tariffs in 2025 by increasing inventory ahead of cost increases. As those inventories decline, margin pressure is reemerging. Persistent inflation, rising benefit costs, and uneven consumer demand further limited hiring appetite.

Labor supply trends are also playing a role. The foreign-born labor force has not fully recovered to pre-pandemic levels and recent policy enactments are further lowering foreign-born labor participation,

contributing to slower overall labor force growth. At the same time, workforce participation patterns vary across demographic groups, reinforcing the uneven nature of the current environment.

Although headline employment figures show net job gains, labor market outcomes differ meaningfully across industries and populations.

## Job Cut Announcements by Industry

Challenger's January data shows that Transportation, Technology, Healthcare/Products, Chemical, and Financial sectors led announced job cuts for the month.

The reasons cited for reductions are instructive. Contract loss and market/economic conditions were the leading drivers of cuts, followed by restructuring and closures.

The current environment reflects repositioning. Many companies appear to be adjusting headcount following over-expansion, responding to inflationary or policy pressures, or realigning around efficiency and automation.

## The Hiring Side of the Equation

While layoffs have drawn attention, hiring data is equally important. Employers announced just over 5,300 hiring plans in January, a significant drop compared to prior years and the lowest January total on record since tracking began in 2009.

Hiring has not stopped. Rather, it has become more measured and targeted. Organizations are filling essential roles, particularly revenue-generating or operationally critical positions, while pausing or reducing broader expansion plans.

For job seekers, this translates into longer timelines and increased competition, particularly at higher salary levels.

## How Long Does a Job Search Take?

According to January 2026 Bureau of Labor Statistics data, the national average duration of unemployment is approximately 5.5 to 5.6 months. Opportunities exist, but searches are taking longer than in peak hiring cycles.

Challenger's Q4 2025 client outcomes show that structured outplacement support significantly reduces time to placement.

Across all salary levels, Challenger clients secured new roles in an average of 2.7 months—nearly twice as fast as the national average.

The Q4 2025 breakdown by salary range reveals important patterns:

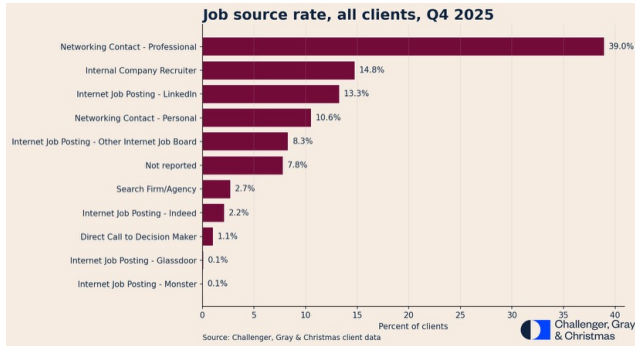
Under \$50K	1.57 months
\$50,001–75K	1.60 months
\$75,001–100K	1.76 months
\$100,001–150K	2.28 months
\$150,001–200K	2.39 months
\$200,001–250K	3.16 month
\$250,001–500K	4.40 months
\$500,001+	6.31 months

As compensation rises, the search naturally lengthens. Senior leaders face fewer openings, longer decision cycles, and more complex hiring processes. Executive searches are highly relationship-driven and often confidential, which further extends timelines.

## How People Actually Find Jobs

Challenger’s Q4 2025 job source data provides further insight into how placements occur.

Across all clients in Q4 2025:



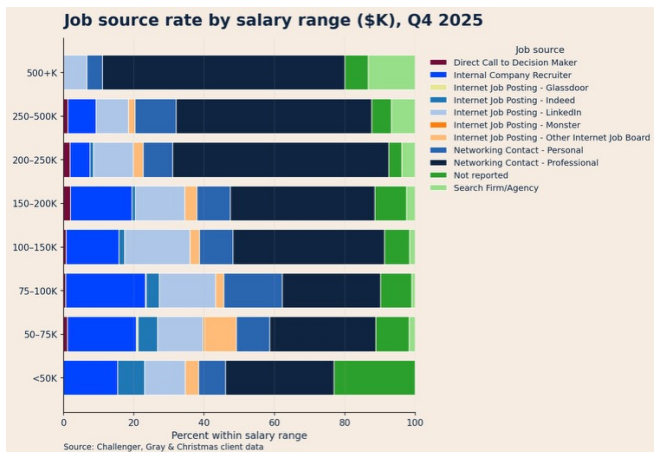
The takeaway is clear: networking remains the dominant path to new roles, but the emergence of LinkedIn as a major driver of new positions is not to be ignored.

Even as internet job postings rise in the ranks, professional networking alone drives nearly four in ten outcomes.

When broken out by salary range, the trend intensifies. At compensation levels above \$250,000, professional networking becomes overwhelmingly dominant. Search firms also play a larger role at senior levels.

In contrast, at lower salary ranges, job boards and internal recruiters represent a more significant share of placements.

The higher the salary, the more relationship-driven the process becomes.



## What This Means for Job Seekers

Job seekers should not lose hope. While conditions are not ideal for a job search at the macro level, individual companies are hiring. Challenger offered these tips to job seekers:

**Expect a realistic timeline.** Even in stable conditions, a professional job search takes time. Understanding that five to six months is the national average can help set expectations and reduce anxiety.

**Advertise your job search.** It feels counterintuitive in the moment, but in order to find your next role, you have to make it known that you’re looking. Tell your close friends and family and get your emotional support system built.

**Network, network, network.** Outreach should be targeted, thoughtful, and consistent. Aim to meet with five contacts a week. Reconnect with former colleagues, industry peers, alumni networks, and professional associations. Meet for coffee with your kids’ coaches, friends of neighbors, or people from your church or volunteer activity. It’s most likely you’ll find a new position from friends of friends, rather than those most close to you.

**Remember that people like to help and give advice.** Don’t use these meetings to ask for a job, necessarily, but discuss your value and skills and ask advice on how your contacts got to where they are in their careers.

**Use job boards strategically rather than exclusively.** Submitting applications is necessary, but relying solely on online postings dramatically reduces visibility and differentiation.

**Have an elevator pitch of your value proposition.** In competitive markets, a clearly articulated value proposition matters. Employers are hiring with precision. Candidates who can define their impact, metrics, and differentiators stand out.

## Implications for Employers

For employers, the current environment presents both risk and opportunity.

Layoffs and restructuring, when handled thoughtfully, allow organizations to recalibrate and invest strategically. However, poorly managed reductions can damage employer brand, morale, and long-term retention.

*Outplacement support demonstrates commitment to employees* during transitions while also protecting organizational reputation.

Data consistently show that employees who feel their colleagues were treated fairly remain more engaged and trusting.

Additionally, employers should recognize that selective hiring markets still require speed and clarity.

High performers, particularly at senior levels, have options. Delayed decision-making can cost organizations top talent.

## A Labor Market in Transition

The present labor market is neither booming nor collapsing. It is transitioning.

Job growth continues, but it is narrower. Layoffs are elevated in certain sectors, yet hiring has not disappeared.

Employer caution reflects macroeconomic uncertainty, cost pressures, and evolving technology adoption.

Job seekers need to enter the market with realistic expectations and armed with exactly what they bring to an employer. For employers, the moment requires planning and foresight for hiring, retention, and workforce restructurings.

The headline number of 130,000 jobs added offers reassurance. The deeper data, including revisions, hiring plans, layoff announcements, and job search duration, provide the context.

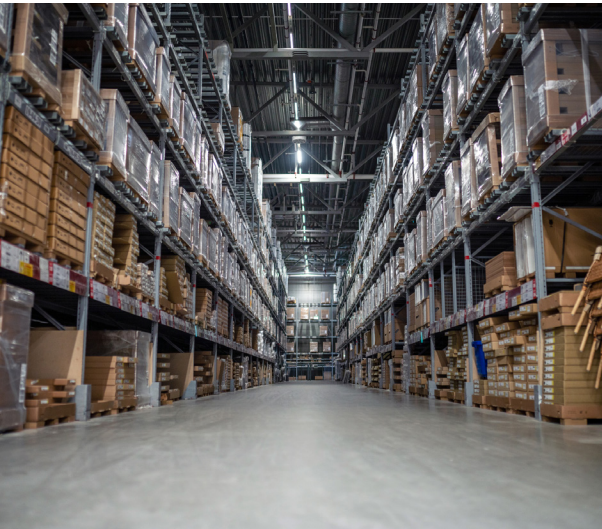
In this environment, success belongs to those who approach the market deliberately.

## ABOUT CHALLENGER, GRAY & CHRISTMAS

Challenger, Gray & Christmas is the premier global outplacement and executive coaching firm, providing expert guidance to organizations and individuals navigating career transitions. With a history spanning more than 50 years, Challenger partners with companies of all sizes and industries to deliver customized workforce solutions that support employee success. Our executive coaching services help leaders enhance their effectiveness, develop critical skills, and drive business performance. Rooted in authenticity, empathy, and a commitment to doing the right thing, Challenger empowers organizations to foster resilient, high-performing teams. For more information, visit [www.challengergray.com](http://www.challengergray.com).

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# Intentional Survivor Management: No One Is “Lucky” in a Layoff

Interview with Fiona Jamison, PhD, Vice President, Research & People Analytics, People Results

Much is made about the impact of layoffs on those who lose their jobs—and rightly so—but far less attention is paid to the employees who remain. These “survivors” are left to navigate uncertainty, increased workload, and emotional fallout. We sat down with Dr. Fiona Jamison to discuss why survivor management matters and how organizations can approach it intentionally.

*Fiona, when did you first begin studying the impact of downsizing on survivors? What sparked your interest in this area?*

My interest began in 1997 and ultimately became the foundation of my PhD research. At the time, the UK was experiencing widespread privatization and large-scale layoffs, particularly across industrial sectors such as utilities, telecommunications, power generation and coal mining. A government-sponsored research initiative sought to understand the broader impacts of these changes, but most existing research focused almost exclusively on individuals who were laid off.

As an industrial-organizational psychologist, I was far more interested in the employee experience of those who remained. These individuals were expected to carry on, often under dramatically altered conditions, yet their experiences were largely overlooked. What’s striking is how consistent the findings have been over time. Organizations go through cycles of contraction and growth, and the psychological and organizational impacts on survivors today look remarkably similar to what we observed in the late 1990s.

*Why is this topic especially important right now? Are layoffs increasing?*

Yes, very much so. You only need to look at today’s business headlines to see widespread layoffs occurring across companies traditionally considered stable—large retailers, logistics firms, technology companies, and major infrastructure organizations. These are not small workforce reductions; in many cases, tens of thousands of employees are being let go.

Some of this reflects corrections after over-hiring during the pandemic, but layoffs have increasingly become a default response to uncertainty, particularly amid rapid advances in technology and AI. While AI is often cited as the driver, that explanation can be overly simplistic. What we are really seeing is a structural shift: administrative roles are being automated, middle management layers are being removed, and spans of control are expanding.

This is risky. Research consistently shows that, as managers’ spans of control increase, effectiveness declines, employee engagement drops, and connection to the organization weakens. These dynamics create long-term challenges that organizations often underestimate when making short-term cost decisions.

### *Survivors are often described as the “lucky” ones. What challenges do they actually face?*

The idea that survivors are “lucky” is deeply misleading. After a mass layoff, employees experience a profound loss of psychological safety. The unspoken question becomes, “If this happened once, could I be next?”

Employees also closely observe how their colleagues were treated. Were people treated with dignity and respect? Were their contributions acknowledged? Or were they abruptly removed with little communication? These perceptions shape how survivors judge the organization—and that judgment directly influences how they show up at work.

When employees believe layoffs were handled unfairly, they tend to withdraw. They protect information, limit collaboration, and focus on self-preservation rather than collective success. This undermines performance and culture.

There is also a significant emotional toll. Survivors often experience grief and guilt, particularly when long-standing colleagues and friends are impacted. At the same time, workloads increase, role clarity decreases, and priorities are rarely recalibrated effectively. Organizations frequently forget to clearly articulate what the future looks like post-layoff and how employees are expected to contribute to it. That lack of direction compounds stress and disengagement.

### *You often talk about “Intentional Survivor Management.” What does that involve?*

Intentional Survivor Management starts with acknowledging that layoffs are not a discrete event—they create an emotional and organizational aftermath that must be actively managed.

#### **Our research points to four critical areas:**

**First, listening.** Organizations must create space for employees to express what they are feeling—whether that is frustration, fear, anger, or uncertainty. This can take many forms: town halls, focus groups, pulse surveys, or structured listening sessions. What matters is that employees feel heard.

This is especially important for managers. Many of them delivered the layoff messages and are now absorbing pressure from both senior leadership and their teams. Providing managers with targeted support and safe forums is essential at this stage.

**Second, rebalancing.** When teams shrink, priorities must be reset. Managers need to have explicit conversations about what work will continue, what will stop, and what success looks like with fewer people. Without this, employees are simply asked to do more with less, which breeds resentment and burnout.

**Third, communication.** Employees do not “move on” simply because leadership has. Clear, frequent communication about the organization’s direction, strategy, and future is critical. Importantly, messages should not come only from the top. Trust is often fractured after layoffs, so organizations need credible voices at multiple levels—regional leaders, respected managers, and informal influencers—to reinforce and contextualize messages.

**Finally, rebuilding.** This is about intentionally shaping the culture of the new organization. What behaviors are expected now? What practices no longer make sense? How do new technologies and structures change how work gets done? Rebuilding culture deliberately is what ultimately restores trust in leadership.

When organizations approach these four areas—listening, rebalancing, communicating, and rebuilding—as a cohesive strategy, they significantly reduce the risk of prolonged disengagement.

### *How long should survivor management last? Is this short-term or ongoing?*

It depends on the organization and the scale of the layoffs, but as a general rule, leaders should plan for at least a year of intentional survivor management. Recovery does not happen quickly, and repeated layoffs reset the clock each time.

### *How can leaders tell whether their survivor management efforts have been successful?*

Most organizations already track employee engagement or experience in some form. Following a layoff, engagement scores typically drop by 30 to 40 points. If an organization can maintain engagement—or see it rebound—that is a strong indicator of effective survivor management.

The key is consistency. Metrics used before layoffs should continue afterward. If survivor management is working, voluntary turnover should not increase, engagement should stabilize, and patterns of PTO and benefit usage should remain relatively steady.

When it isn't working, organizations see disengagement, increased attrition among high performers, and higher absenteeism. Unfortunately, one of the first things companies often cut during layoffs is employee listening—such as engagement surveys. That is a serious mistake. Eliminating your ability to measure sentiment leaves leaders blind at precisely the moment insight is most needed.

### *Any final thoughts for leaders navigating layoffs?*

If you are in a leadership role and are facing—or have recently gone through—layoffs, it is critical to focus not only on how the layoffs are executed, but on what happens afterward. The aftermath determines whether your organization stabilizes or continues to erode.

This is where external support can be invaluable. Organizations like People Results can help leaders design survivor management plans, identify the right employee listening questions, and navigate this complex period with greater confidence. Layoffs are never easy, but handling the post-layoff phase well makes a meaningful difference—for employees and for the long-term health of the organization.



# Post-Strike Healing: It's Not Over Til It's Over

By Marcey Uday-Riley and Susan Barnicoat, Lead Consultants, Organization, People & Change, People Results

## Introduction

A strike's end is all too often perceived as the end of the uncertainty and tension and an automatic “return to normal.” In truth, the end of a strike doesn't put an end to the issues that started it or to the negative feelings the strike may have fostered within the workforce.

The end of a strike also doesn't mean resolution to the damages the strike may have caused to the business, its reputation, or to the relationships both within and without the organization. Instead, the end of a strike is an organizational hurdle—one that can escalate into a significant obstacle to long-term business outcomes if not handled with efficiency and sensitivity.

## Post-Strike Interventions

A midwestern manufacturing facility was anticipating the end of a lengthy strike, during which the strikers did physical damage to the facility and the community was enraged at the amount of time their family members were out of work. Leadership in the facility contacted People Results for a Post-Strike Intervention, seeking to rebuild their team's trust and connection and calm members of the community through the way they welcomed back employees, both strikers and non-strikers.

When employees return to work after a strike, three groups of employees are impacted—leadership, office or administrative support, and returning strikers—each

in different ways. In addressing these groups and how they were impacted, individual emotions and work performance must be kept in mind. Each group will benefit from different but similar interventions.

## Leadership

Leader behavior sets the tone for how returning employees respond once they are back on the job. A leader's behavior is the result of how the leader feels about the strike and its causes, as well as how they feel their executive leadership responded to it. Because of this, People Results' approach to supporting leaders in a post-strike environment is two-pronged and includes the actions that must occur both before strikers return and after strikers return.

In the “before” sessions with leaders, People Results' consultants *validate the emotions leaders may be experiencing about the situation*. Emotions may range from feeling sympathetic toward the strikers to being outraged by their behavior during the strike or by the damage done to the facility or the organization's reputation. We *also clarify and reinforce the role of the leader* to set the tone for individual and organizational success. It's at this point that we *ask leaders to create an individualized, genuine message to welcome back their teams* and refocus day-to-day attention on meeting customer requirements. Additionally, we *review the employee communication channels and processes* the organization has in place to hear and

respond to its workers' voices. We ask leaders to try and anticipate the various types of responses they might receive from their employees and agree on how best to manage each type. Finally, we *introduce a process for holding small group debriefs* that leaders could use *to acknowledge team members' feelings* about operational workplace issues and reinforce the organization's process to hear and respond to team members.

Once employees return to the workplace, we meet with leaders once again to find out how things went. We ask them what they experienced with their teams, whether it went as anticipated, and whether they learned anything about themselves, their leadership style, or their individual team members in the process. We also discuss how they might use this experience to become a better leader in the future.

## Office or Administrative Support

Leaders aren't the only ones who may be working through feelings after a strike. Like the leaders, the responses of office or administrative support staff may range from feelings of sympathy toward the strikers to feelings of hurt and outrage because of the strike's impacts and strikers' behaviors. This group needs to know that how they respond to both leaders and returning employees will affect the time it takes to stabilize the organization and the ability for the workplace to return to expected levels of teamwork and productivity. Helping staff members prepare for the strikers' return will allow them to support leaders. It will also show them that they are an important part of the process of building and supporting the culture moving forward.

Like the "before" session with leaders, in our session with office/administrative support, we first *validate their feelings* and then *clarify their role in supporting the organization's culture*. We also *review communication and influence skill basics* to foster effective communication throughout the organization. And again, as with the leaders, we *ask these staff members to create their own welcome-back message*. Finally, we *review the proper channels for staff to voice their concerns* about returning workers, as well as the processes in place for responding to workplace disruptions.

## Returning Strikers

Last, but certainly not least, are the returning strikers. Returning strikers bring any number of thoughts and feelings post-strike, ranging from *"I really didn't want to do this but felt like I had to,"* to *"I'm disappointed, angry, furious, resigned."* How they're greeted when they return—and even more importantly, how their first week or so unwinds—will set the tone for how willing or comfortable they are to reconnect with their team and refocus their day-to-day attention on meeting customer requirements. That's why, in the first week of their return, former strikers at the midwestern manufacturing facility benefited from one-on-one, focused meetings with their managers where their voices were heard, they revisited cultural and performance expectations, and they recommitted to doing the best job they could for their teams and their customers.

As with the leaders and the staff before them, the first step in sessions with returning strikers is to *validate their emotions*. Equally important is to *reinforce the organization's desire to hear and respond to workers about their workplace concerns*. In the wake of a strike, it is also useful to *clarify the organization's expectations for teamwork and meeting customer needs*, both issues that may be rocky in this time of adjustment. That's why we also take the time to *review the proper channels for employees to voice their concerns about work, co-workers, or leaders*, as well as those processes already in place to respond to workplace disruptions.

## Post-Strike Recovery

Recently, a state hospital association invited People Results to their annual Human Resources meeting to discuss strike recovery, particularly in regard to workforce strategy and culture restoration. Strikes disrupt more than just the individuals on the picket line—they can and will disrupt the core of an operation, and repairing these core elements is critical to an organization's future health and resilience.

In this meeting, we explored the most important priorities for Post-Strike Recovery, which are:

- **Rebuilding trust** – this is done by acknowledging the experience of the strike, resetting the tone of leadership, and creating visible commitments to change
- **Stabilizing your workforce so that you may begin optimizing it** – the simple fact of the matter is you cannot drive performance until people feel safe, valued, and heard
- **Redesigning the employee value proposition** – a strike is a clear referendum on the employee experience and reveals a misalignment between what employees expect and what the organization delivers
- **Shifting labor relations from reactive to strategic** – the goal is not simply to avoid another strike, but to prevent the conditions that make one inevitable
- **Aligning leadership around a shared future state of the organization** – corporate culture is determined in the months after a strike, and fragmented leadership messages can undermine recovery

How do you hit all these topics in the aftermath of a strike action? By remembering the Three Horizons of Post-Strike Recovery, which are:

1. **Stabilize** – In the first 3 months after a strike, restore operations and staffing ability, manage reintegration and morale, and align internal and external messaging
2. **Reset** – From 3 to 12 months after a strike, redesign your employee value proposition, rebuild leadership capability, and address any inequities across unions and roles
3. **Reimagine** – From month 12 to 36, institutionalize labor management partnerships, modernize workplace models (within regulatory restraints), and create early warning systems for workforce risk

## Conclusion

When a strike ends, everyone wants to put the pain behind them and move forward, but as we've seen, strikes leave their marks on the people, the operations, the reputation, and the future of organizations. That is why it's not over until the healing and recovery is complete. As you've seen here, that can be a long process, extending over months and years. The good news is that, if timely Post-Strike Interventions take place and intentional care is taken to address the organization's overall Post-Strike Recovery, this process will result in a stronger culture of positive employee relations.

# Enhancing Employee Engagement and Proactive Risk Management

A large employer with 53,000 employees and widely recognized as a “Best Place to Work,” sought to further elevate its employee engagement and proactive employee relations (ER) strategy. Despite its strong reputation, the organization recognized that sustaining excellence requires continuous improvement. They wanted to better understand their workforce’s needs, identify potential risks related to labor and turnover, and create a more effective employee listening strategy. By partnering with experts to assess existing practices and implement advanced solutions, the organization set out to ensure its workplace remained a top-tier environment for its employees. Their goal was clear: to stay ahead of potential challenges while maintaining and enhancing their commitment to employee satisfaction and engagement.

## ISSUE

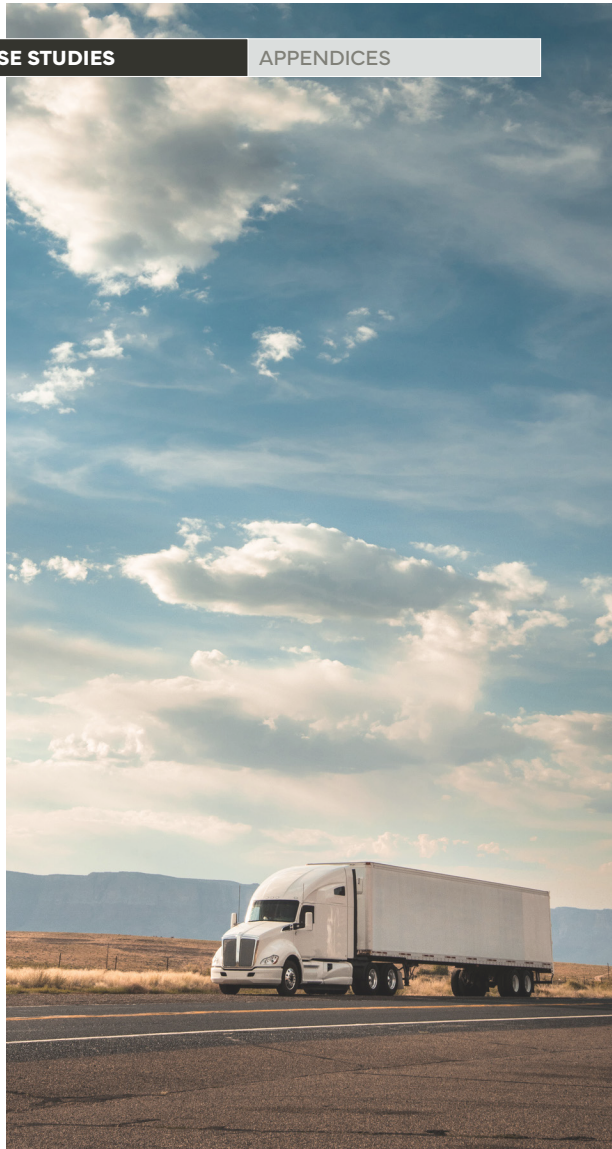
- **Employee Listening Gaps:** The company’s employee listening tools weren’t fully aligned with critical moments in the employee experience
- **Turnover and Labor Risks:** Potential turnover and labor risks threatened operational efficiency and employee morale
- **Data Insights Deficiency:** The lack of an integrated HR/ER dashboard hindered the ability to monitor and address engagement and labor concerns effectively

## ACTION

- **Survey Reanalysis:** Reviewed Great Places to Work survey data to uncover hidden labor and turnover risks
- **Experience Mapping:** Identified key “moments that matter” in the employee journey, aligning listening tools to these stages
- **Dashboard Development:** Created a dynamic HR/ER dashboard combining internal and external data to provide real-time insights

## RESULT

- **Improved Listening Tools:** Tailored tools enhanced feedback collection at key employee milestones
- **Proactive Risk Mitigation:** The new dashboard enabled swift identification and management of risks
- **Sustained Excellence:** Reinforced the company’s reputation as a “Best Place to Work” through improved engagement strategies



*risk  
management*

## Strategic Communication for Workforce Alignment

A large employer with 33,000 employees faced a major challenge: aligning benefits, policies, and systems after multiple mergers and acquisitions. With a mix of unionized and non-unionized employees, leadership needed a clear, strategic communications plan to ensure understanding and engagement. The changes included new healthcare options, updated PTO policies, a revamped retirement plan, and a new scheduling system. However, these updates coincided with union contract negotiations, adding complexity to the rollout. Leadership partnered with People Results to develop a multi-channel communications strategy that emphasized clarity, consistency, and trust—helping employees understand and embrace the changes while reinforcing leadership’s commitment to transparency and workforce stability.

### ISSUE

- **Fragmented Communication** – Employees across different facilities had varying levels of understanding about the upcoming policy and benefits changes
- **Unionized & Non-Unionized Workforce** – Leadership needed to balance communications while navigating ongoing labor contract negotiations
- **Employee Uncertainty** – Mergers, policy updates, and contract talks created confusion, making it critical to build trust through clear, transparent messaging

### ACTION

- **Employee Engagement Campaign** – Developed a unity-focused messaging strategy with tools for employee feedback and engagement
- **Leadership Communication Training** – Educated managers on how to effectively communicate policy changes and reinforce total rewards messaging
- **Custom Digital Platform** – Launched an interactive website as a centralized hub for policy updates, FAQs, and real-time feedback

### RESULT

- **Unified Workforce Standards** – Successfully ratified six union contracts, aligning unionized team members with the same pay, benefits, and policies as non-union employees
- **High Employee Engagement** – Achieved a 96 percent participation rate in active open enrollment, ensuring a smooth transition to the new plans
- **Strong Digital Engagement** – The project website received 2.8 million page views and 3,700 employee-submitted questions, demonstrating high engagement and transparency

*transparent  
communication*



# Transforming a Global Operating Model: A People-First Approach

A global sustainability leader launched a five-year transformation to enhance efficiency across services, technology, and delivery. The effort spanned regions, centers, and business functions—and while new systems were central to the plan, the real key to success was preparing people. The company's SVP of Global Business Solutions recognized that readiness, engagement, and long-term behavior change would determine outcomes. To support this, the organization partnered with People Results to equip teams for a smooth transition, stabilize operations during the shift, and create buy-in that would last well beyond the implementation phase. The result was a well-prepared workforce and a change strategy that stuck.

## ISSUE

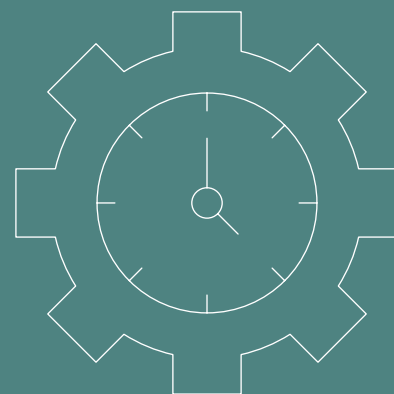
- Transformation success hinged on employee behavior—not just systems—requiring broad engagement across functions and time zones
- Leaders lacked a shared playbook or roadmap for preparing teams through multi-year change and complexity
- With pressure mounting, the company risked delays, disengagement, and stalled momentum unless they aligned teams early and consistently across the global footprint

## ACTION

- Built a tailored, end-to-end readiness strategy supporting phased rollout across regions, functions, and employee groups
- Trained change agents and business leaders to model and drive transformation behaviors within their teams
- Created measurable indicators of change readiness and adoption, using pulse surveys and feedback loops to adapt support strategies as the transformation evolved

## RESULT

- Accelerated global adoption of new systems and processes while reducing disruption and confusion
- Increased employee confidence and trust through clear communication, steady reinforcement, and people-first planning
- Delivered long-term capability by embedding scalable change infrastructure—including internal champions, tools, and governance—ensuring the company could sustain progress far beyond the original transformation timeline



*enhancing  
efficiency*

# Summary of petitions filed and elections held

## Appendix A

### All Industries - Summary of Petitions Filed and Elections Held (2016–2025)

	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Total Petitions	2,281	2,274	1,902	2,033	1,552	1,683	2,500	2,675	3,108	2,447
Total Representation Petitions	1,970	1,937	1,573	1,774	1,352	1,412	2,185	2,361	2,793	2,150
Total RC Petitions	1,914	1,876	1,542	1,732	1,306	1,383	2,159	2,158	2,364	1,948
Total RM Petitions	56	61	31	42	46	29	26	203	429	202
Union Not Elected	368	395	340	307	258	251	387	365	449	329
Union Elected	969	989	830	925	605	740	1,221	1,342	1,587	1,170
Total Decertification (RD) Petitions	311	337	329	259	200	271	312	314	315	297
Union Not Elected	103	123	110	103	55	84	103	110	116	69
Union Elected	62	60	61	56	49	59	56	59	49	54

### Transportation – Summary of Petitions Filed and Elections Held (2016–2025)

	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Total Petitions	245	268	221	215	144	145	183	185	233	148
Total Representation Petitions	206	228	182	186	121	133	163	162	206	125
Total RC Petitions	205	228	180	183	118	130	163	137	173	117
Total RM Petitions	1	-	2	3	3	3	-	25	33	8
Union Not Elected	20	40	38	32	21	17	31	14	29	17
Union Elected	129	115	101	122	66	91	101	104	109	76
Total Decertification (RD) Petitions	39	40	39	29	23	12	20	23	27	23
Union Not Elected	13	18	8	8	3	3	4	10	11	4
Union Elected	8	3	7	4	5	4	3	5	3	5

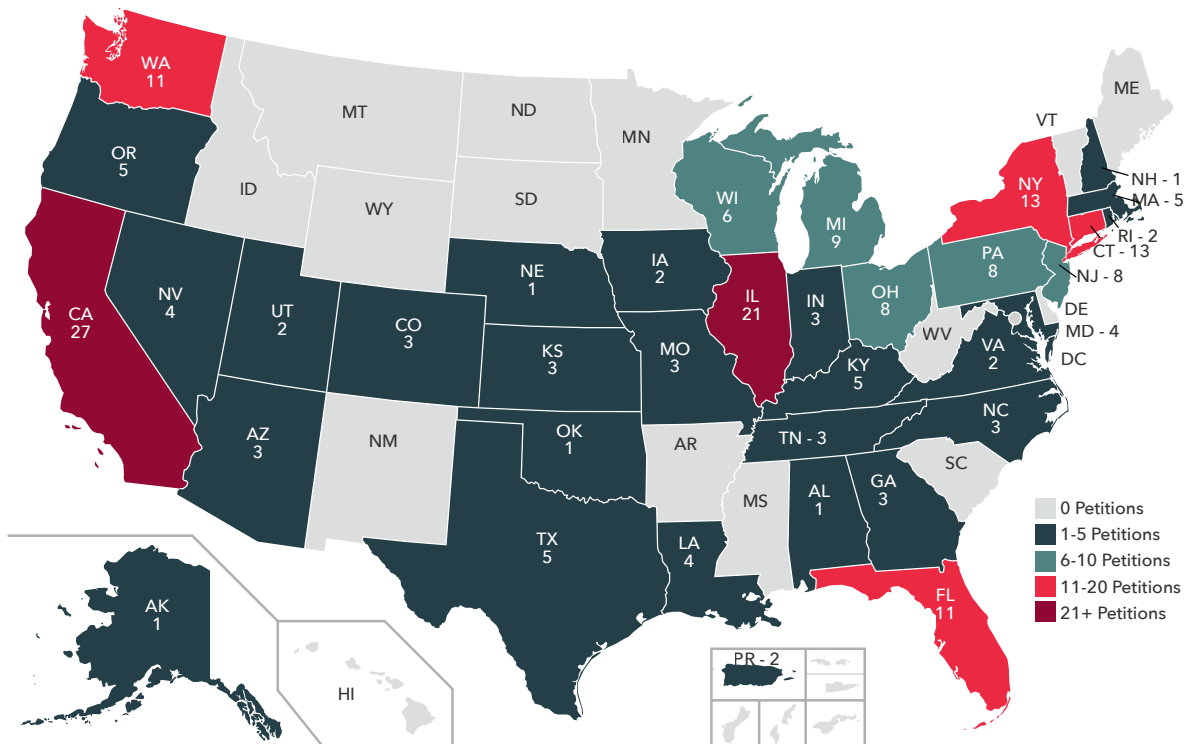
### All Non-Transportation Industries – Summary of Petitions Filed and Elections Held (2016–2025)

	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Total Petitions	2,036	2,006	1,681	1,818	1,408	1,538	2,317	2,490	2,875	2,299
Total Representation Petitions	1,764	1,709	1,391	1,588	1,231	1,279	2,022	2,199	2,587	2,025
Total RC Petitions	1,709	1,648	1,362	1,549	1,188	1,253	1,996	2,021	2,191	1,831
Total RM Petitions	55	61	29	39	43	26	26	178	396	194
Union Not Elected	348	355	302	275	237	234	356	351	420	312
Union Elected	840	874	729	803	539	649	1,120	1,238	1,478	1,094
Total Decertification (RD) Petitions	272	297	290	230	177	259	292	291	288	274
Union Not Elected	90	105	102	95	52	81	99	100	105	65
Union Elected	54	57	54	52	44	55	53	54	46	49

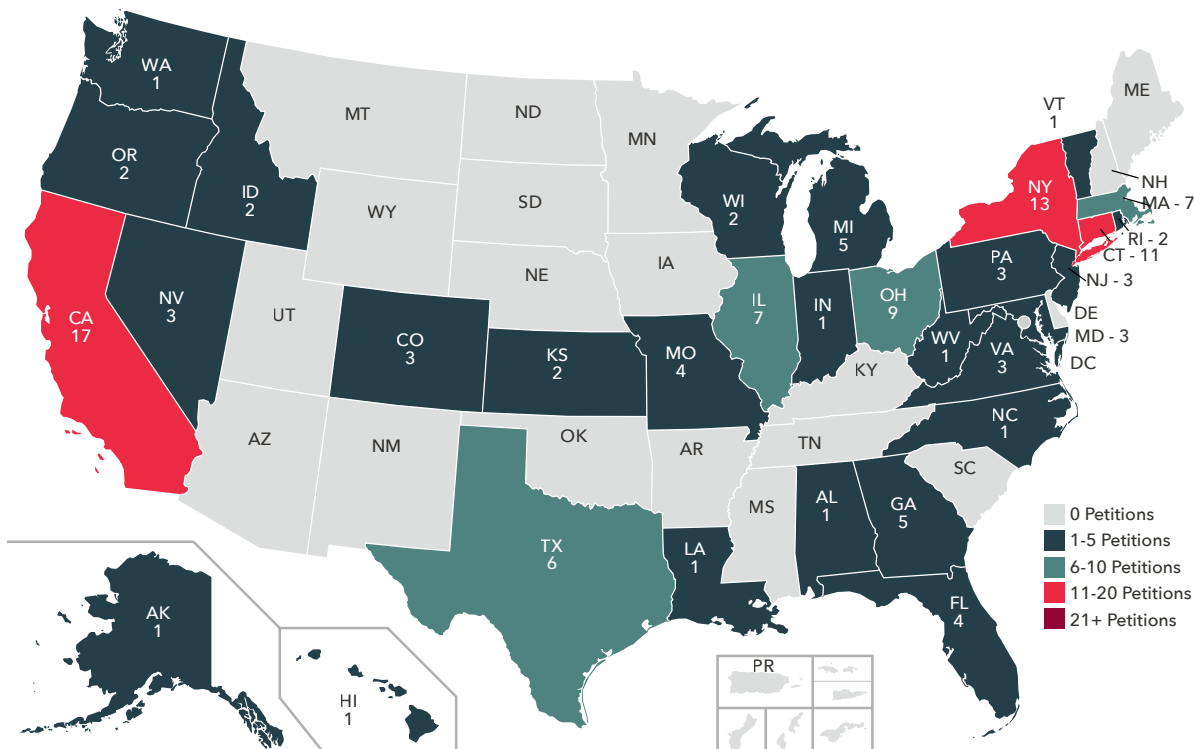
# Maps of representation petitions filed in transportation

## Appendix B

2024



2025



# National Labor Relations Board definitions

## Appendix C

### *What is the National Labor Relations Board?*

The National Labor Relations Board (NLRB) is an independent federal agency established to enforce the National Labor Relations Act (NLRA). As an independent agency, the NLRB is not part of any other government agency, such as the Department of Labor.

Congress has empowered the NLRB to conduct secret ballot elections so employees may exercise a free choice whether a union should represent them for bargaining purposes. A secret ballot election will be conducted only when a petition requesting an election is filed. Such a petition should be filed with the Regional Office in the area where the unit of employees is located. All Regional Offices have petition forms that are available upon request and without cost.

### *Types of petitions*

#### **1. CERTIFICATION OF REPRESENTATIVE (RC)**

This petition, which is normally filed by a union, seeks an election to determine whether employees wish to be represented by a union. It must be supported by the signatures of 30 percent or more of the employees in the bargaining unit being sought. These signatures may be on paper. This designation or “showing of interest” contains a statement that the employees want to be represented for collective-bargaining purposes by a specific labor organization. The showing of interest must be signed by each employee, and each employee’s signature must be dated.

#### **2. DECERTIFICATION (RD)**

This petition, which can be filed by an individual, seeks an election to determine whether the authority of a union to act as a bargaining representative of employees should continue. It must be supported by the signatures of 30 percent or more of the employees in the bargaining unit represented by the union. These signatures may be on separate cards or a single piece of paper. This showing of interest contains a statement that the employees do not wish to be represented for collective-bargaining purposes by the existing labor organization. The showing of interest must be signed by each employee, and each employee’s signature must be dated.

#### **3. WITHDRAWAL OF UNION-SECURITY AUTHORITY (UD)**

A “UD petition,” which can also be filed by an individual, seeks an election to determine whether to continue the union’s contractual authority to require that employees make certain lawful payments to the union to retain their jobs. It must be supported by the signatures of 30 percent or more of the employees in the bargaining unit covered by the union-security agreement. These signatures may be on separate cards or a single piece of paper. This showing of interest states that the employees no longer want their collective bargaining agreement to contain a union-security provision. The showing of interest must be signed by each employee, and each employee’s signature must be dated.

#### **4. EMPLOYER PETITION (RM)**

This petition is filed by an employer for an election when one or more unions claim to represent the employer’s employees or when the employer has reasonable grounds for believing the union that is the current collective-bargaining representative no longer represents a majority of employees. In the latter case, the petition must be supported by the evidence or “objective considerations” relied on by the employer for believing that the union no longer represents a majority of its employees.

#### **5. UNIT CLARIFICATION (UC)**

This petition seeks to clarify the scope of an existing bargaining unit by, for example, determining whether a new classification is properly a part of that unit. The petition may be filed by either the employer or the union.

#### **6. AMENDMENT OF CERTIFICATION (AC)**

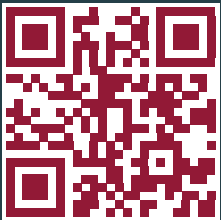
This petition seeks the amendment of an outstanding certification of a union to reflect changed circumstances, such as changes in the name or affiliation of the union. This petition may be filed by a union or an employer.

# About us

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People Results, formerly IRI Consultants, brings more than four decades of expertise in guiding clients through unique challenges and transformative change. Though we are best known for our work in employee and labor relations and communications, in recent years, we have deepened our expertise in digital solutions, workforce transformation, and research and people analytics. These expanded capabilities allow us to provide even more targeted and creative solutions for our clients.

Our experienced consultants anticipate and solve challenges side by side with our clients to deliver innovative solutions that are tailor-made for each individual workforce. We are a proven ally in times of crisis—and a trusted partner in developing strategies to avoid them. We guide our clients with efficiency, energy, and a deep respect for their employees and the work that they do.



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